

Aging Partners - Area Agency on Aging

Four-Year Area Plan FY 2020-2023

July 1, 2019 through June 30, 2023

Annual Update 5/2/2022

Annual Budget

July 1, 2022 through June 30, 2023

AREA AGENCY ON AGING: City of Lincoln dba Aging Partners

Application to operate a service project for older Nebraskans under the Older Americans Act, as reauthorized and amended for the period beginning July 1, 2022 and ending June 30, 2023 in planning and service area.

AND

Annual application for support for the period beginning **July 1, 2022** and ending **June 30, 2023**

The applicant agrees to comply with all federal state and local rules, regulations and policies as outlined in the Older Americans Act, as amended; the Nebraska Community Aging Services Act, the Nebraska Care Management Act, the Local Long-Term Care Ombudsman Program; policies and/or regulations established by the HHS-State Unit of Aging and all other applicable rules, regulations, assurances and ordinances. This includes assurances included in this document.

GRANTEE:	Area Agency on Aging Governing Board Chairperson (or comparable official authorized to sign this document):
Name: <u>City of Lincoln dba Aging Partners</u>	Name: <u>Leirion Gaylor Baird, Mayor, City of Lincoln</u>
Address: <u>1005 O St</u>	Address: <u>555 South 10th St</u>
City: <u>Lincoln</u> , NE Zip <u>68508</u>	City: <u>Lincoln</u> , NE Zip <u>68508</u>
Phone: <u>(402) 441-7070</u>	Phone: <u>(402) 441- 7511</u>
Executive Officer: <u>Randall Jones</u>	

APPLICATION FOR FUNDS 7/1/2022 through 6/30/2023

(Lines 17a, 17b, 17c, 18a, 18b, 18c, & 19)

III-B - Supportive Services	\$1,659,682.33
III-C(1) - Congregate Meals	\$989,413.11
III-C(2) - Home-Delivered Meals	\$781,360.80
III-D - Disease Prevention & Health Promotion	\$41,218.51
III-E - Family Caregivers Support Program	\$364,006.71
VII-Ombudsman & Elder Abuse	\$0.00
State Funds (such as Care Management, ADRC, Senior Volunteer) (Lines 17a, 17b, 17c, & 19)	\$774,167.00
SUBTOTAL	\$4,609,848.46

Area Agency on Aging Composite Match (Lines 14a-15b)	\$4,092,715.27
Area Agency on Aging Composite Non-Match (Lines 10 - 12b)	\$1,232,373.67
Area Agency on Aging Composite Gross Cost (Line 9)	\$9,934,935.94

I hereby certify that I am authorized to submit this application and plan

Signed:



Randall Jones
Executive Officer
City of Lincoln dba Aging Partners



Mayor
City of Lincoln dba Aging Partners

SIGNED COPY INCLUDED WITH STATE PLAN

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SECTION A

Administrative

Section Revised May 2, 2022 for FY23

Description of Aging Partners



Our Mission...

Aging Partners plans, coordinates and advocates for older people in our eight-county area. Our mission is to enhance daily living, expand personal choices, and educate the community in an effort to ensure the independence and full life of the people we serve.

Brief History

Aging Partners began in 1971 as one of ten federal model programs on aging. As the designated area agency for Planning and Service Area B in Nebraska, Aging Partners was formally created through interlocal agreements between the City of Lincoln and Butler County, Fillmore County, Lancaster County, Polk County, Saline County, Saunders County, Seward County, and York County. Under the terms of the agreement, the authority to operate the area agency is vested with the City of Lincoln. Aging Partners is a division of the City of Lincoln, and the Director is responsible to the Mayor. Aging Partners has nearly 120 full time and part time employees who are organized into the following five team divisions: Leadership, Administrative, Community Activities and Services (ACS), Areawide Programs and Nutrition (ANP), and Personal and Family Services (PFS). An agency division chart on page 8 of this section depicts the organizational structure relative to programs and services.

The following is a chronological listing of current programs or services in which Aging Partners was involved in developing:

<i>Current Programs or Services</i>	<i>Inception</i>
Planning, Coordinating and Development Services	August, 1971
Personal & Family Services (formerly Lincoln Information for the Elderly)	February, 1972
Home Handyman Service	April, 1972
Lincoln/Lancaster Senior Centers (formerly Senior Diners)	January, 1974
Living Well Magazine (formerly <i>Life Lines</i> Magazine)	October, 1974
Legal Services for the Elderly	April, 1977
Saunders County Senior Services Program	October, 1978
Tabitha Meals on Wheels	July, 1980
Polk County Senior Services Program	August, 1980
Fillmore County Rural Transit Service	September, 1982
Geneva Aging Services Program	July, 1983
Lancaster County Rural Transit	July, 1983
Aging Partners LIFEline Emergency Response Program	September, 1983
Fairmont Aging Services Program	October, 1983
David City Home Delivered Meals	February, 1984
Health & Wellness (formerly Lifetime Health)	October, 1984
Joint Case Management	May, 1985
Supportive Services Program (formerly Service Review Unit)	September, 1985
York County Aging Services (formerly York County Senior Information Center)	September, 1986
Polk County Senior Citizens Foundation	November, 1986

Rural Older Adults Wellness Program	September, 1987
Caregivers Support Group	November, 1987
Butler County Senior Services Program	July, 1988
Fillmore County Senior Services Program	July, 1988
Care Management Program	August, 1988
Milford Aging Services Program	August, 1988
Butler County Rural Transit Program	February, 1989
Seward County Aging Services Program	January, 1990
Lancaster County Rural Home Delivered Meals	December, 1990
DeWitt Senior Services Program	December, 1990
Milestone Gallery	May, 1992
Saline County Elder Services	July, 1992
Crossroads House	April, 1993
Congregate Housing Services Program (CHSP)	November, 1995
Senior Care Options (SCO)	June, 1997
Seniors Foundation (<i>Achieved independent status August, 2012</i>)	June, 1997
Medicaid Waiver, Home and Community-Based Services	July, 1998
Live & Learn Public Access TV Show	November, 1999
Senior Health Promotion Clinic	November, 1999
Caregiver Services Program (formerly ElderCare Connection)	May, 2000
CHOICES Project	July, 2000
Farmer's Market Coupon Program	June, 2001
Resident Services Malone Manor & Pioneer House	March, 2001
Supportive Services for Caregivers	December, 2002
Health Promotion Services for Caregivers	March, 2003
Forever Strong Health Club	May, 2005
Medicare Part D Prescription Drug Program	May, 2006
Rural Nutrition Outreach Program	June, 2009
Senior Fitness Testing	2009
Living Well with Chronic Conditions – Evidence Based Program Initiated	February, 2010
Saline County Rural Home Delivered Meals	November, 2010
Saunders County terminates interlocal agreement	December, 2011
Remembering When – Evidence Based Program Initiated	2011
Tai Chi Evidence Based Program Initiated	2011
Powerful Tools For Caregivers Evidence Based Program Initiated	2012
Stepping On Evidence Based Fall Prevention Program Initiated	2013
STEDI – Stopping Elderly Accidents, Deaths and Injuries Evidence Based Program began	2013
Diabetes Self-Management class	2016
Aging & Disability Resource Center	2016
Active Living Every Day program	May 2017
Fit & Strong classes	April 2018
Downtown Food Pantry Pilot	2019
COVID 19 pandemic specialized services to address client needs and unique situation	April 2020
NeighborLNK volunteer program established	May 2020

Consumer Demographic Information for Eligible Population Residing in Service Area (percentages)

Source: 2013-2017 American Community Survey and U.S. Census Bureau & Custom Calculation from 2012-16 ACS Public Use Microdata Sample (PUMS), U.S. Census Bureau, completed by David Drozd, UNO Center for Public Affairs Research on 2-4-2019.

		Butler	Fillmore	Lancaster	Polk	Saline	Saunders	Seward	York	AP Service Area	
Total population	All Ages	8,105	5,603	306,357	5,244	14,325	20,953	17,045	13,832	391,464	
Age	All Ages	Median Age	43.5	47.5	33.2	45.5	36.0	41.0	38.3	40.9	(X)
		60+	26.5%	29.1%	16.9%	28.1%	19.9%	22.5%	22.2%	25.6%	19.4%
		65+	19.9%	22.6%	11.5%	20.2%	14.3%	16.3%	15.9%	18.3%	13.8%
		75+	10.6%	12.3%	5.2%	11.0%	7.6%	7.7%	7.8%	9.6%	6.0%
		85+	3.3%	4.0%	1.7%	3.6%	2.3%	2.1%	2.3%	2.8%	1.9%
Race	All Ages	White	96.7%	97.1%	86.5%	97.2%	90.5%	97.3%	96.6%	94.8%	88.5%
		Black	0.5%	0.6%	4.1%	0.1%	0.7%	0.3%	0.5%	1.2%	3.3%
		American Indian	0.2%	0.5%	0.6%	0.5%	0.4%	0.2%	0.1%	0.3%	0.5%
		Asian	0.5%	0.2%	4.2%	0.1%	2.9%	0.3%	0.6%	0.3%	3.5%
		Native Hawaiian	0.0%	0.0%	0.1%	0.0%	0.1%	0.0%	0.0%	0.0%	0.1%
		Some other race	1.0%	0.6%	1.5%	0.8%	3.6%	0.3%	0.8%	1.2%	1.5%
Ethnicity	All Ages	Hispanic	3.0%	3.9%	6.7%	4.8%	24.3%	2.1%	2.5%	4.9%	6.7%
		Not Hispanic	97.0%	96.1%	93.3%	95.2%	75.7%	97.9%	97.5%	95.1%	93.3%
Gender	Age 65+	Male	45.4%	44.2%	44.2%	46.4%	44.8%	47.7%	45.7%	43.8%	44.6%
		Female	54.6%	55.8%	55.8%	53.6%	55.2%	52.3%	54.3%	56.2%	55.4%
Economic Indicators	65+	Low Income	8.3%	10.2%	5.4%	6.0%	11.9%	9.5%	7.1%	6.6%	6.3%
		% of individuals with both Social Security & Retirement Income	25.0%	25.0%	33.0%	25.0%	25.0%	30.0%	25.0%	25.0%	30.5%
		% of individuals with Social Security Income but no Retirement Income	66.0%	66.0%	52.0%	66.0%	66.0%	61.0%	66.0%	66.0%	56.9%
		% of individuals with no Social Security or Retirement Income	7.0%	7.0%	12.0%	7.0%	7.0%	7.0%	7.0%	7.0%	9.0%
Disability	65+	With a disability	28.7%	39.3%	33.6%	28.9%	41.0%	38.1%	37.3%	33.5%	34.2%
	75+	With a disability	38.9%	51.5%	48.3%	39.1%	49.5%	55.2%	48.4%	46.6%	48.3%

An (x) means that the estimate is not currently available

Consumer Demographic Information for Eligible Population Residing in Service Area (numbers)

Source: 2013-2017 American Community Survey and U.S. Census Bureau & Custom Calculation from 2012-16 ACS Public Use Microdata Sample (PUMS), U.S. Census Bureau, completed by David Drozd, UNO Center for Public Affairs Research on 2-4-2019. An (-) means that the estimate is not currently available

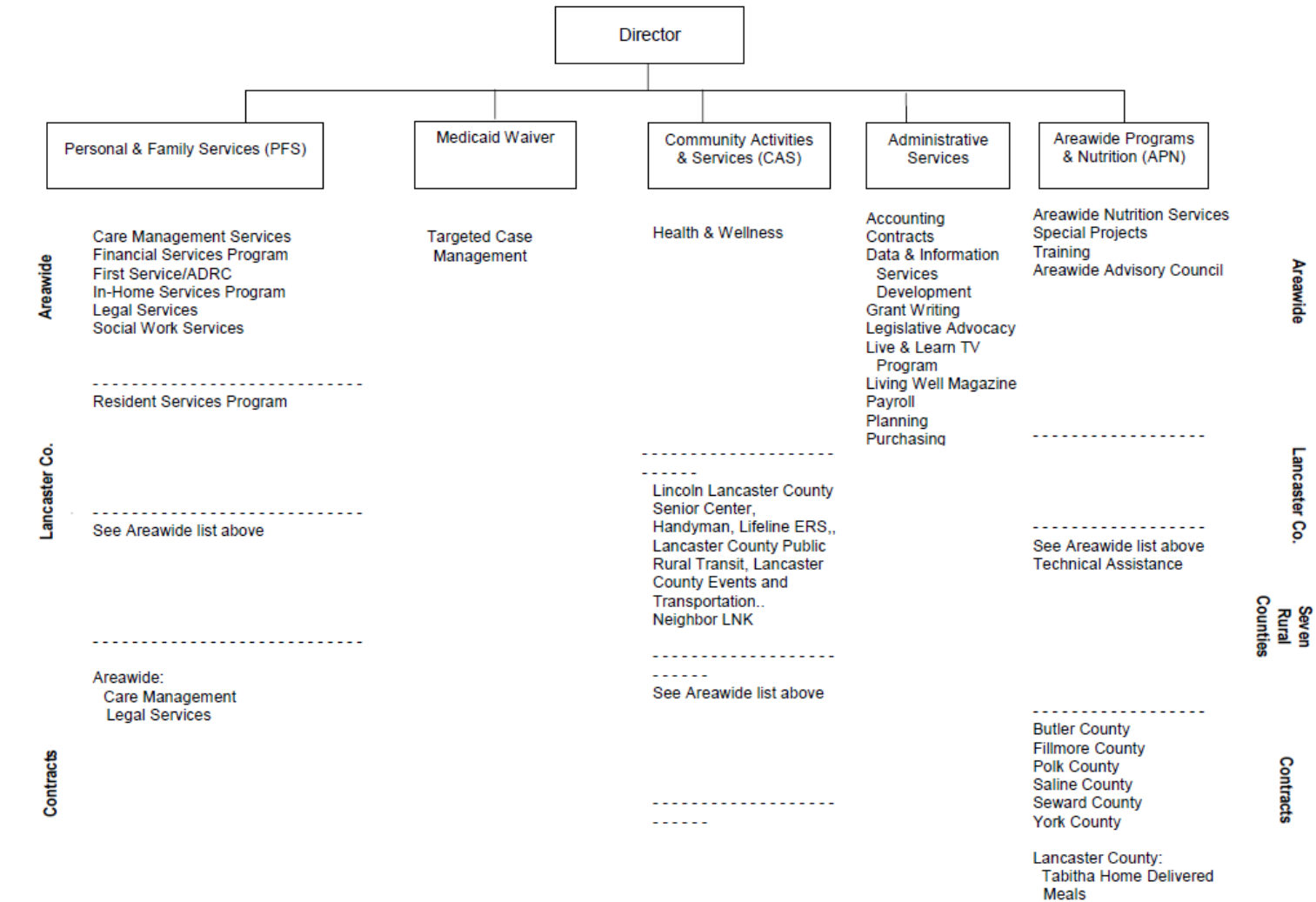
		Butler	Fillmore	Lancaster	Polk	Saline	Saunders	Seward	York	AP Service Area	
Total population	All Ages	8,105	5,603	306,357	5,244	14,325	20,953	17,045	13,832	391,464	
Age	All Ages	Median Age	43.5	47.5	33.2	45.5	36.0	41.0	38.3	40.9	(X)
		60+	2,184	1,687	55,100	1,551	2,883	5,028	3,968	3,577	75,978
		65+	1,615	1,298	38,694	1,074	2,016	3,651	2,848	2,649	53,845
		75+	809	672	16,166	517	982	1,638	1,325	1,331	23,440
		85+	285	224	5,266	177	408	526	397	458	7,741
Race	All Ages	White	7,838	5,439	265,051	5,095	12,966	20,389	16,457	13,118	346,353
		Black	43	32	12,419	7	105	63	86	167	12,922
		American Indian	19	29	1,730	26	55	44	22	46	1,971
		Asian	39	9	12,981	3	411	65	105	35	13,648
		Native Hawaiian	-	-	198	-	19	-	-	-	217
		Some other race	79	34	4,652	40	518	59	128	170	5,680
Ethnicity	All Ages	Hispanic	246	216	20,625	251	3,484	442	422	678	26,364
		Not Hispanic	7,859	5,387	285,732	4,993	10,841	20,511	16,623	13,154	365,100
Gender	Age 65+	Male	733	574	17,106	498	903	1,742	1,302	1,160	24,018
		Female	882	724	21,588	576	1,113	1,909	1,546	1,489	29,827
Economic Indicators	65+	Low Income	134	132	2,089	64	240	347	202	175	3,384
		# of individuals with both Social Security & Retirement Income	404	325	12,769	269	504	1,095	712	662	16,739
	65+	# of individuals with Social Security Income but no Retirement Income	1,066	857	20,121	709	1,331	2,227	1,880	1,748	29,938
		# of individuals with no Social Security or Retirement Income	113	91	4,643	75	141	256	199	185	5,704
Disability	65+	With a disability	428	461	12,737	286	761	1,337	980	832	17,822
	75+	With a disability	276	281	7,505	174	419	831	555	554	10,595

Services Offered by Aging Partners

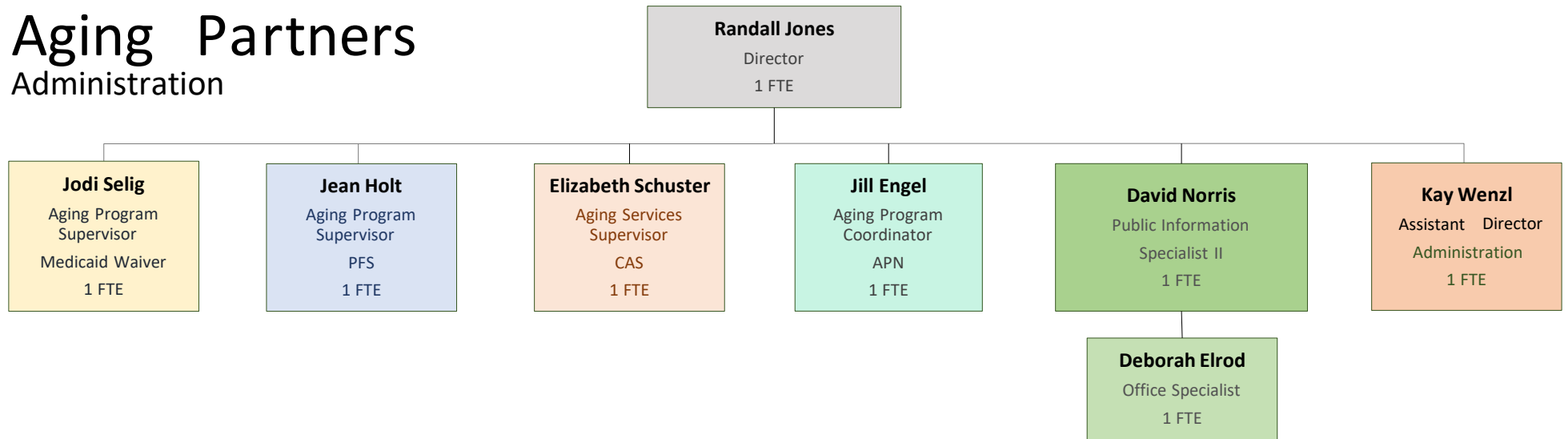
Service Name	Provided Directly by Aging Partners	Provided by Contractor
Personal Care		X
Homemaker		X
Chore*	X	X
Home Delivered Meals *	X	X
Case Management	X	X
Assisted Transportation*	X	X
Congregate Meals*	X	X
Transportation*	X	X
Nutrition Education*	X	
Information & Assistance	X	
Health Promotion/Disease Prevention (Evidence-Based)*	X	X
Health Promotion/Disease Prevention (Non Evidence-Based)*	X	X
Legal Assistance		X
Care Management	X	X
Senior Center Hours	X	X
Material Distribution*	X	X
Social Activities	X	X
Counseling*	X	X
Outreach	X	X
Information Services	X	X
Caregiver (CG) In-Home Respite		X
Caregiver AT/DME/ERS	X	X
Caregiver Chore		X
Caregiver Assistance: Information & Assistance	X	
ADRC Information & Referral	X	
ADRC Options Counseling	X	
ADRC Benefits Assistance	X	

*services are addressed with the Direct Service Waiver in Section G
 Please note the Aging & Disability Resource Center plan is submitted as a separate attachment to the Four Year
 Areawide Plan for Aging Partners.

Agency Organizational Chart 2020-2022



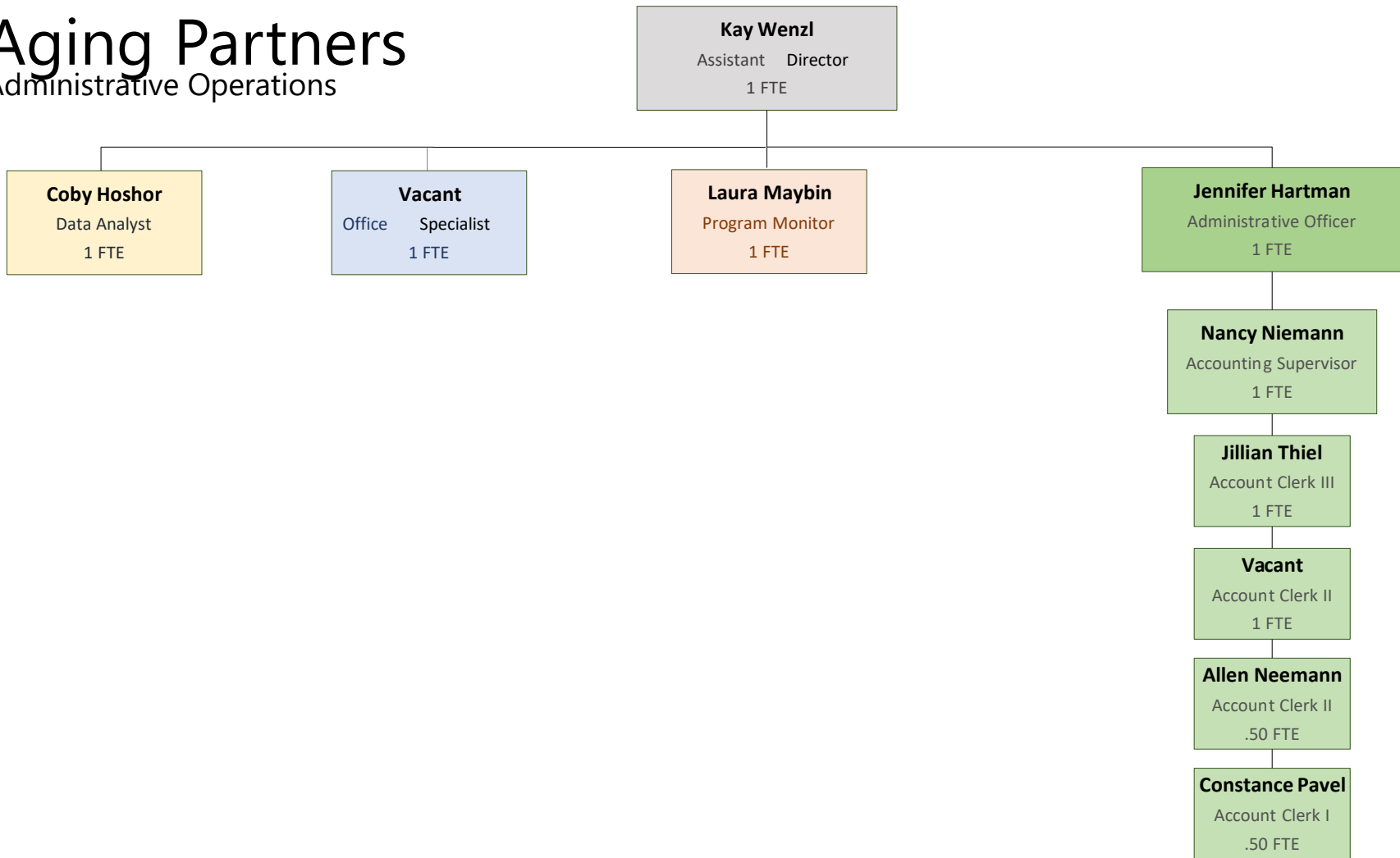
Aging Partners Administration



8.00 FTE

Aging Partners

Administrative Operations

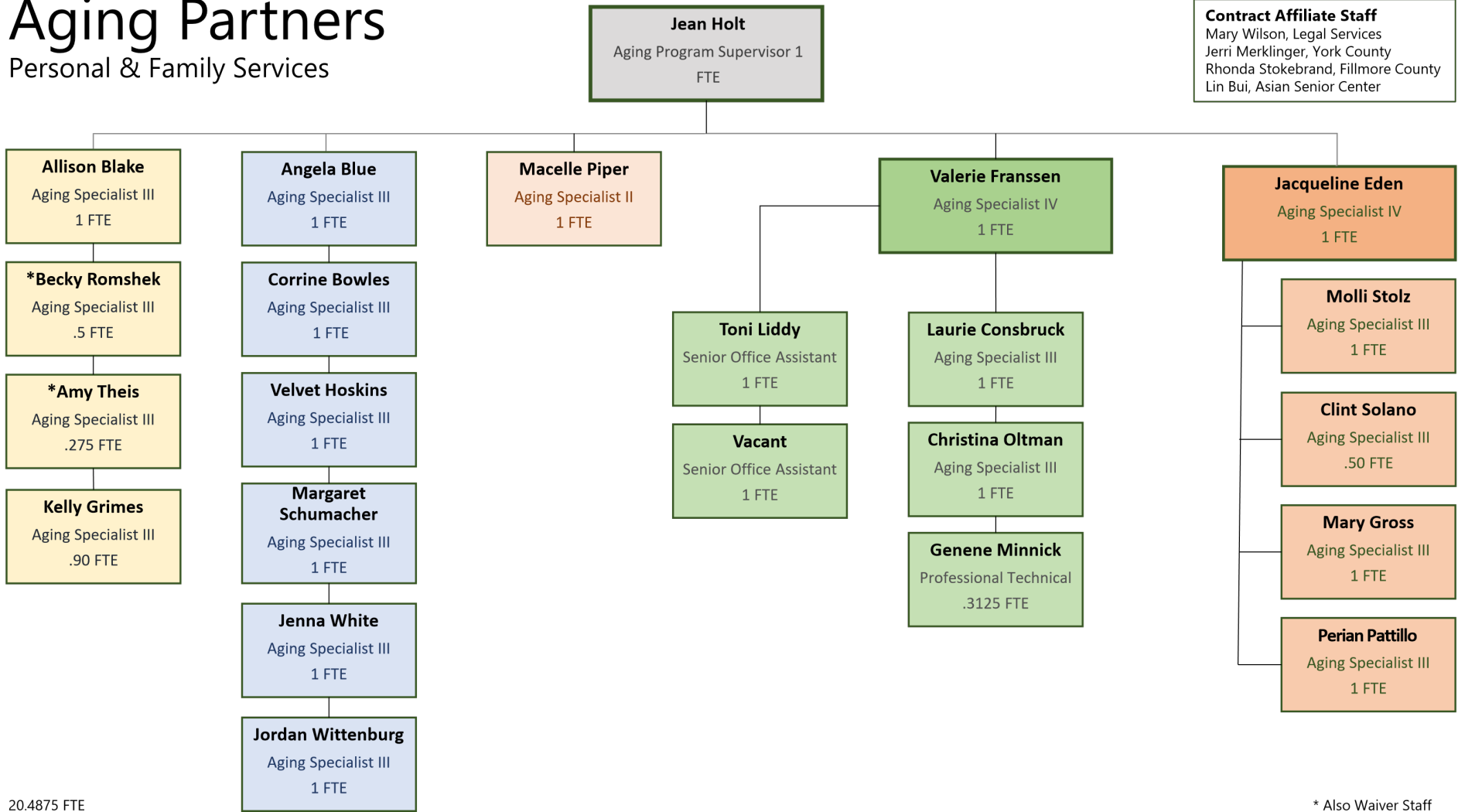


9.00 FTE

Aging Partners

Personal & Family Services

Contract Affiliate Staff
 Mary Wilson, Legal Services
 Jerri Merklinger, York County
 Rhonda Stokebrand, Fillmore County
 Lin Bui, Asian Senior Center

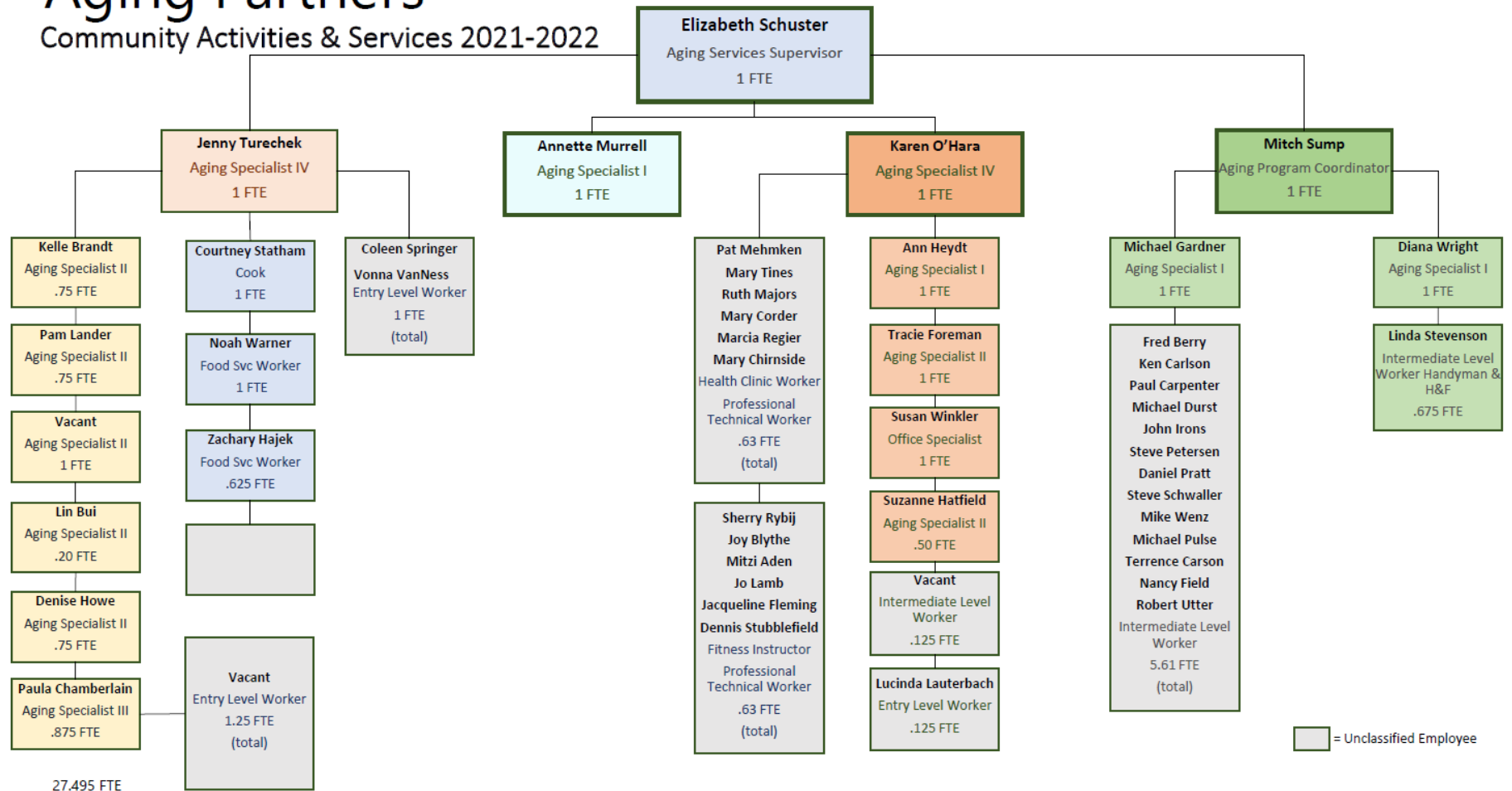


20.4875 FTE

* Also Waiver Staff

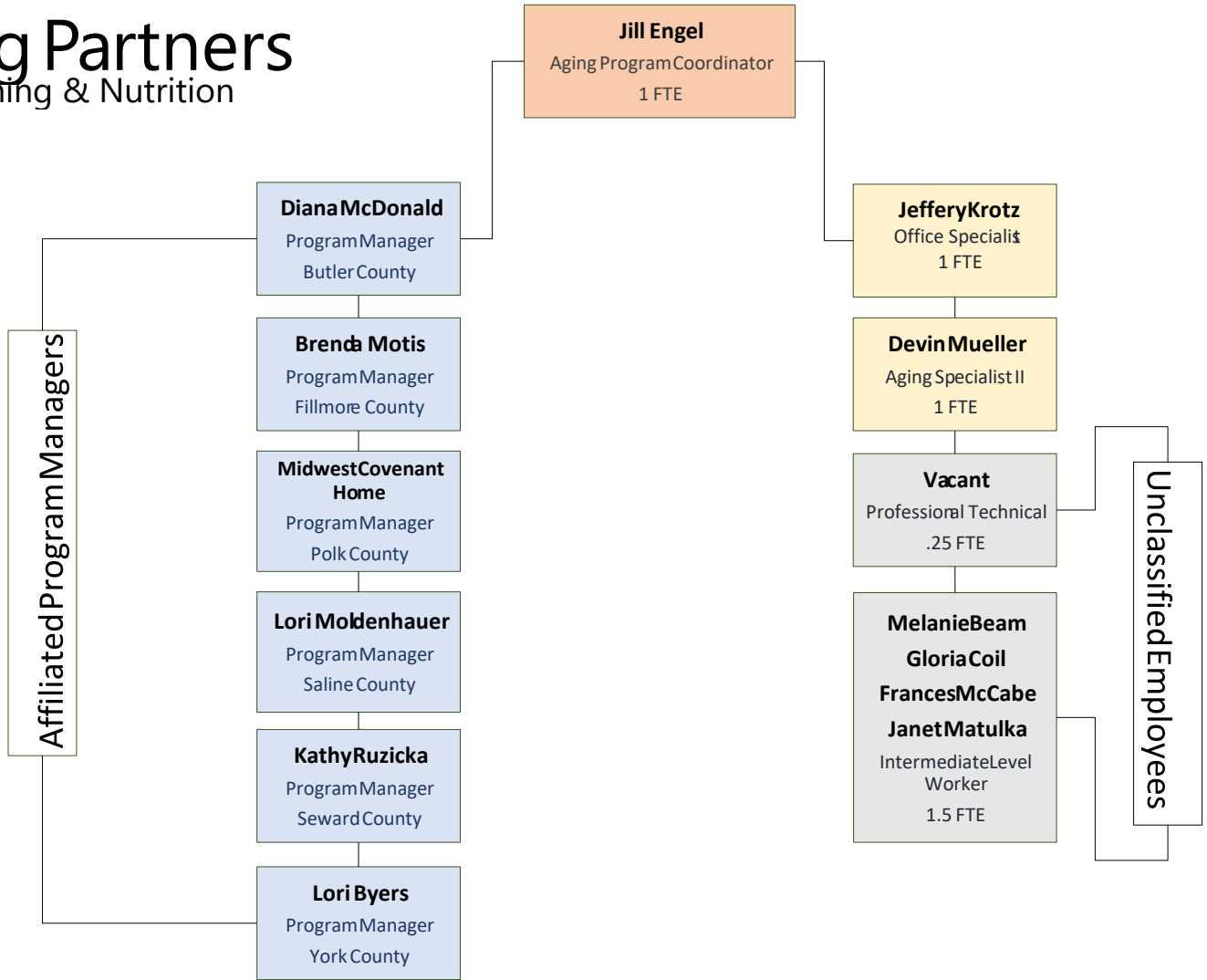
Aging Partners

Community Activities & Services 2021-2022

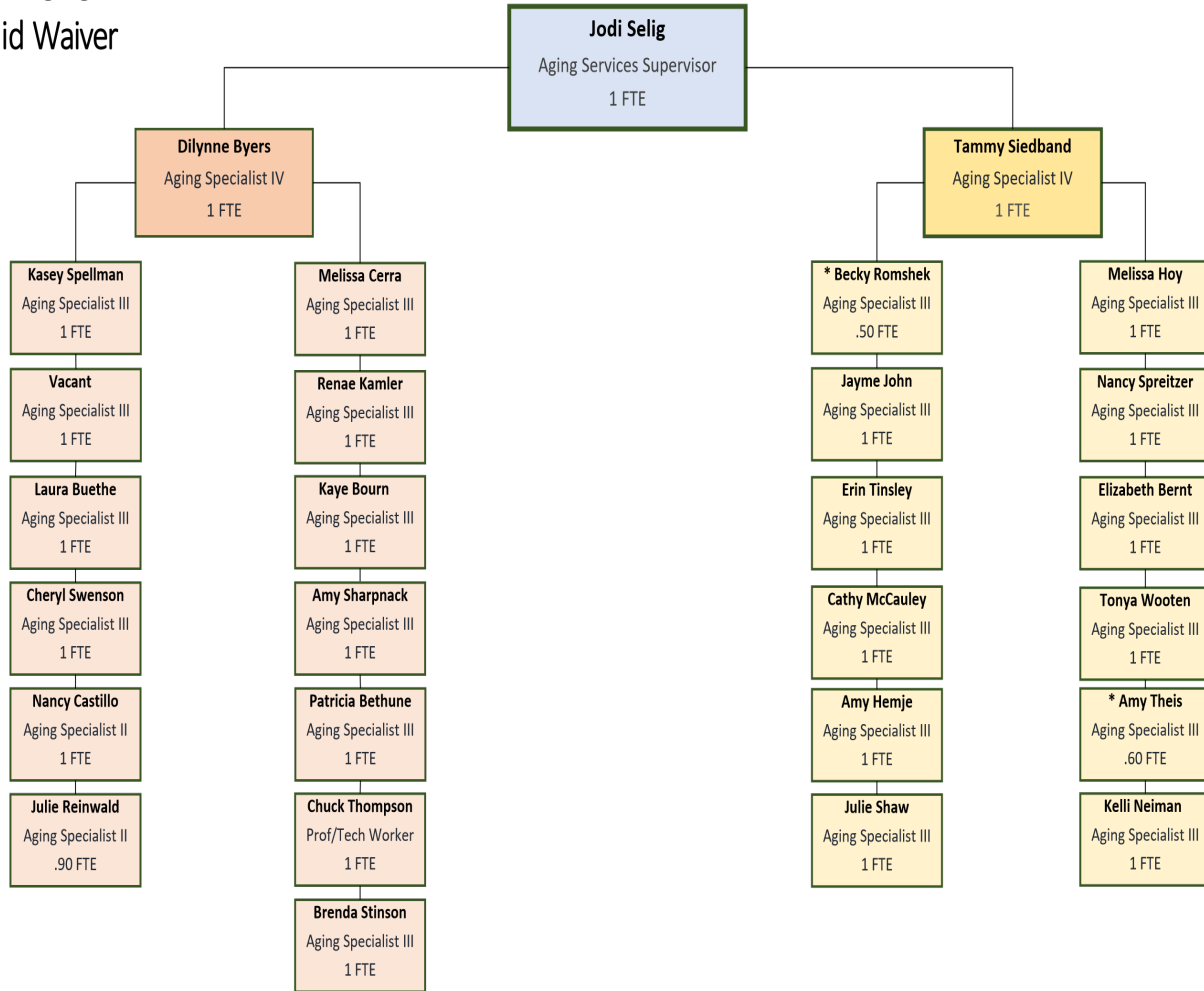


Aging Partners

Area Planning & Nutrition



Aging Partners
Medicaid Waiver



27.00 FTE

* Also PFS Staff

Lincoln Mayor and City Council

This has been updated on the SUA Sharepoint site.

Areawide Advisory Council

This has been updated on the SUA Sharepoint site.

Areawide Advisory Council By Laws

ARTICLE I.

GENERAL

Section 1. **Title.** The title of this advisory body shall be the Aging Partners Areawide Advisory Council.

Section II. **Authorization.** The "Agreement," signed by the Primary County (Lancaster County), the City of Lincoln and each Participating County (Butler, Fillmore, Polk, Saline, Saunders, Seward, and York) forming Aging Partners, authorizes this advisory body. The Areawide Advisory Council shall discharge its duties through said established Aging Partners and its Director or his/her designees.

Section III. **Membership.** The membership of the Areawide Advisory Council shall come from the current signatory members to Aging Partners as of July 1, each year. The membership is based in part on the proportional relationship of each county's 60+ population and shall be as follows: Each county shall be entitled to one representative. Additionally, each county shall be entitled to one additional representative for each group of 4,000 aged 60 + residents. Counties with less than 4,000 60+ population will have at least one additional representative. At least half of each county's representatives to the Areawide Advisory Council must be age 60 or older.

Section IV. **Appointment.** Appointment of representatives to the Aging Partners Areawide Advisory Council shall be the responsibility of each county's elected governing board providing, however, that the representatives of the Primary County shall be appointed by the Mayor of the City of Lincoln with the concurrence of the Lincoln City Council and the Lancaster County Board of Commissioners.

Section V. **Term.** All members shall be appointed for three-year terms running from July 1 - June 30. Members appointed to fill vacancies will complete the unexpired term.

Section VI. **Vacancies.** A member may be removed by the County board or Mayor, City of Lincoln, which appointed said member at their discretion for due cause and/or upon receipt of a formal recommendation for removal forwarded to the County board or Mayor, City of Lincoln by Aging Partners Areawide Advisory Council.

Section VII. **Authority.** The Areawide Advisory Council exists as an advisory body to Aging Partners and to its signatory member counties, and to the appointed and elected officials of the local governing units within the eight-county "planning and service area" (PSA), to groups and organizations whose interest, service, or regulation, in whole or in part, affect the lives and interests of older persons, and to the advisory and governing arms of the Aging Network at both state and national levels. The Areawide Advisory Council's actions shall take the form of recommendations. Execution of the Areawide Advisory Council's recommendations rest with the appropriate local, state, or national officials or organization directors.

Section VIII: **Disclosures.** State and local public officials and public employees are subject to the conflicts of interest provisions of the Nebraska Political Accountability and Disclosure Act (NPADA). Not all of the conflicts provisions of the NPADA apply to all categories of public officials and public employees.

Examples:

- Generally, public officials and public employees may not have an interest in a contract with the governmental entity which they serve.

- Public officials and public employees may not use, or authorize the use of public resources, personnel, property or funds under their official care and control for:
- Personal Financial gain or the financial gain of an immediate family member or business association.

Members who suspect any violations should report them to the NPADA. For further information:
<http://www.nadc.nebraska.gov>.

ARTICLE II.

PURPOSES

Purpose. The purposes of the Areawide Advisory Council shall be:

- < to support and further the goals and mission of Aging Partners;
- < to act as the advocate for older citizens of the eight county area regarding their concerns, needs, problems, and issues;
- < to identify and define the most pressing needs and concerns of the areas older citizens;
- < to assist in the development of effective plans to meet those identified needs on a prioritized and continuing basis;
- < to develop, or cause to be developed, needed services, programs, or efforts to meet those identified needs and concerns;
- < to monitor and evaluate aging services and programs for older people to ensure that service objectives are being set in concert with the identified needs and concerns and that those objectives are being met;
- < to act as a sounding board for staff by providing review and input on new or revised initiatives, strategies, and projects.

ARTICLE III.

ORGANIZATION

Section 1. Officers. The Officers of the Areawide Advisory Council shall be a Chairperson, a First Vice-chairperson, and a Second Vice-chairperson. Secretarial duties of the Areawide Advisory Council shall be performed by the staff of Aging Partners as assigned by the Director.

Subsection A. Chairperson. The Chairperson=s duties shall be to preside at all meetings of the Areawide Advisory Council; appoint standing and ad hoc committee chairpersons; act as ex officio member of each committee; and to give general direction to the functioning of the Areawide Advisory Council.

Subsection B. First Vice-chairperson. The duties of the First Vice-chairperson shall be to counsel and advise the Chairperson on current or potential business of the Areawide Advisory Council; perform tasks related to the Areawide Advisory Council as directed by the Chairperson; and to fulfill the duties of the Chairperson when directed. The First Vice-chairperson will assume the office of Chair for the next term of office.

Subsection C. Second Vice-chairperson. The duties of the Second Vice-chairperson shall be to counsel and advise the Chairperson on current and potential business of the Areawide Advisory Council; perform tasks related to the Areawide Advisory Council as directed by the Chairperson; and to fulfill the

duties of the Chairperson in the absence of both the Chairperson and the First Vice-chairperson. The Second Vice-chairperson will assume the office of First Vice-chairperson for the next term of office.

Subsection D. Terms. All Officers shall be elected by the Areawide Advisory Council for one-year terms. Officers are elected at the first regular meeting after July 1 of the Areawide Advisory Council and begin serving their terms immediately upon election and serve up to the next election. Only a Second Vice-chairperson will be elected each year unless there are vacancies in the elected officers.

Subsection E. Vacancies. Should vacancies occur in any of the offices, the Areawide Advisory Council shall implement its officer rotation and thereupon elect a successor for the Second Vice-chairperson from its membership at its next regular meeting, and such election shall be for the remaining term of the office of vacancy.

Section 2. Committees. The Areawide Advisory Council and the Chairperson may establish special committees as they deem necessary to fulfill the goals and purposes of the Areawide Advisory Council. Such committees, being either special or ad hoc, shall have their purpose or duties, chairperson of either the 1st or 2nd Vice Chair, and time for reporting specified in the minutes of the meeting establishing them. Standing committees shall have their purpose, specific duties or responsibilities, composition, and regular reporting times specified in writing as a sub-section of this Section and Article of these Bylaws within a year of the time of their being established.

Subsection A. Fiscal Planning & Budgeting Committee (FPB) - This standing committee shall be composed of the Areawide Advisory Council Chairperson or a Vice Chairperson as assigned and interested representatives from currently participating counties. The Committee will meet twice during the year or more if deemed necessary by Committee members. Committee's focus: a) education on Aging Partners budgetary process including City, State, and Federal timelines; b) develop better understanding of the Area Plan; and c) provide input to staff on what type of reports and information is useful to board members and county programs.

Subsection B. Nominating Committee (NC) - This standing committee shall be composed of the Chairperson and at least one of his/her designated Vice-chairpersons and Areawide Advisory Council members appointed to offer a slate of candidates for Second Vice-chairperson prior to the first meeting of each fiscal year. Representatives shall be appointed from at least five (5) counties. Nominees must be in the first or second year of their term unless they have agreed to serve another term.

ARTICLE IV.

MEETINGS

Section 1. Frequency. Regular meetings of the Areawide Advisory Council shall be scheduled at such times and places as designated by resolution of the Areawide Advisory Council and shall be no less than six (6) times per fiscal year. The Chairperson or one-third of the current Areawide Advisory Council members may call a special meeting for a stated purpose requiring action before the next regular meeting. Notice of such special meeting shall be given to each member in the area at least five (5) working days prior to the date of the special meeting. Meetings of committees may be held at such time and places as determined by the Areawide Advisory Council or the committee as most advantageous to fulfilling its duties.

Section 2. How Called. The County Clerks of all counties in the planning and service area shall receive written notice of all meetings of the Areawide Advisory Council meetings in accordance with all laws governing public meetings of local governmental agencies in Nebraska. Areawide Advisory Council

members shall receive written notice of all meetings of the Areawide Advisory Council at least five (5) days prior to the meeting.

Section 3. Attendance. Any Areawide Advisory Council member who is absent for more than two consecutive regular meetings, or more than three regular meetings per fiscal year and not having pre-notified the Chairperson or the agency of unavoidable and reasonable cause for such absences, shall be subject to possible dismissal from continued membership. By resolution, the Areawide Advisory Council shall, in such cases, recommend to the governing board of that member's county that a new member be appointed to replace the absentee.

Section 4. Quorum. A majority of the current Areawide Advisory Council membership shall constitute a quorum.

Section 5. Rules of Order. The Areawide Advisory Council and its committees shall be governed by Roberts Rules of Order where appropriate and when question of order and procedure are raised. The Areawide Advisory Council will comply with the laws governing public open meetings as it is an official arm of the participating counties.

ARTICLE V.

AMENDMENTS

These bylaws may be amended by a two-thirds vote of those current members present at any regular meeting and subject to quorum and approval of the Administrator, provided thirty day notice of the intent and content of the proposed amendments is given to all current members.

FIRST ADOPTED by the Advisory Council on February 15, 1979.

REVIEWED AND REVISIONS PROPOSED by Bylaws Committee in February and March, 1987.

ADOPTED WITH REVISIONS by Advisory Council on April 30, 1987, and November 29, 1990.
(Version adopted November 29, 1990)

REVIEWED AND REVISIONS PROPOSED by Bylaws Committee- November 2001 through March 2002.

REVIEWED AND REVISIONS PROPOSED by Bylaws Committee- April 2002 through
May 23, 2002.

ADOPTED WITH REVISIONS by Advisory Council May 23, 2002.

REVIEWED AND REVISIONS TO AREA PLANNING COMMITTEE DEFINITION PROPOSED by the Area
Planning Committee - November 4, 2004.

ADOPTED WITH REVISIONS by the Advisory Council January 27, 2005.

REVIEWED AND REVISIONS PROPOSED by Nomination Committee June 23, 2005.

ADOPTED WITH REVISIONS by the Advisory Council September 22, 2005.

REVIEWED AND REVISIONS PROPOSED by Aging Partners October 22, 2010.

ADOPTED WITH REVISIONS by the Areawide Advisory Council January 28, 2010.

REVIEWED AND REVISIONS PROPOSED by ad hock Bylaws Review Committee May 27, 2010.

ADOPTED WITH REVISIONS by the Areawide Advisory Council June 24, 2010.

RECOMMENDED WITH REVISIONS by Director of Aging Partners, August 12, 2016

ADOPTED WITH REVISIONS by the Areawide Advisory Council September 22, 2016.

SECTION B

Goals, Objectives & Strategies

Section Revised May 2, 2022 for FY23

The following section describes the strategic goals set forth by the Administration for Community Living/Administration on Aging (ACL/AoA) Strategic Action Plan 2013-2018, and how Aging Partners is meeting these goals.

Goal 1: Advocacy

Advocate ensuring the interests of people with disabilities, older adults, and their family members are reflected in the design and implementation of public policies and programs.

Objective 1:

Increase public awareness and understanding of the interests of people with disabilities, older adults, and their family members.

Strategy 1:

Increase public awareness to promote understanding of the interests of persons with disabilities, older adults and their family members through radio and TV ads, public speaking, social media, paid and unpaid media.

Performance Measure:

1. Agency will increase radio and TV ads, public speaking, social media, paid and unpaid media by 10 % over the period of the plan. Year 1: establish benchmark; Year 2 – 4: increase of 3.5% per year. (Using Taxonomy categories # 27, 29 and 37 Outreach and # 28 Information Services).

Aging Partners' will establish the benchmark for this Performance Measure during Year 1 (7/1/19 – 6/30/20). Our agency reviews the progress in the taxonomy categories of Outreach, Legal Outreach, and Caregiver Outreach. Based on data for the first five (5) months, Aging Partners plans the benchmark to be 385. Aging Partners enlarged the modes of communication to increase public awareness beyond in-person speaking engagements, and sets a new benchmark of 1000 units. Please refer to entry dated 5/2021 for additional information.

4/2020 – The COVID-19 pandemic, which impacted Aging Partners in March and is expected to continue through the end of the state fiscal year, has severely limited the provision of public speaking engagements during the last third of the fiscal year. For this reason, Aging Partners has revised the benchmark to be 200.

12/2020 – for YTD SFY21 – expect this performance measure to significantly drop from previous year due to COVID 19 restrictions. By December 2020, 13.75 units were completed.

5/2021 – Aging Partners revised the performance measure to include modes of communication to increase public awareness, and not concentrate solely on in-person public speaking engagements. Due to COVID restrictions during this SFY, in-person events have been severely limited, and Aging Partners has continued public awareness through other media outlets. Year-to-date, approximately 800 units have been recorded in the public awareness area. With the revised performance measure, Aging Partners' sets a benchmark of 1000 units. We received input from members of our Areawide Council on topics upon which they recommend our office provide public awareness.

5/2022 – In addition to public speaking engagements, Aging Partners uses the following methods to communicate with the public. Details regarding the frequency are as follows:

- 1. Media Releases – daily/weekly*
- 2. Newspaper advertising (Lincoln Journal Star (Thrive/Neighborhood Extra) and Voice News or other rural media outlets as requested) – daily/weekly*
- 3. Facebook – daily/weekly*
- 4. Rural utilities (inserts) – as requested*
- 5. My Center News – monthly*
- 6. Living Well Magazine – quarterly*
- 7. Senior Blue Book – yearly*
- 8. Eldercare Resource Handbook – yearly*
- 9. Aging Partners website – daily/weekly*
- 10. TV & YouTube – monthly*
- 11. Radio – weekly or as requested for interviews by staff*

Year to date for SFY22, Aging Partners has recorded nearly 600 units in the public awareness area.

Strategy 2:

Seek opportunities for the AAAs to collaborate on messaging and awareness opportunities.

Performance Measures:

1. Establish 6 new partnerships each year that contribute toward increasing collaboration on messaging and awareness.

2/2020 - Aging Partners has established partnerships with the following agencies and organizations so far during this state fiscal year:

- **Ponca Tribe of Nebraska.** *Aging Partner's managers has met with Ponca's Elders Victim Advocate and Community Health Workers to learn about services and programs offered by the Tribe at their Lincoln office (at 17th and E Streets). The Ponca Tribe offers an elders lunch every Monday, and Aging Partners plans to provide nutrition education, and information about nutritional counseling services and the Farmers' Market coupon program. Staff are working to coordinate health/wellness activities at the Ponca Tribe office. Aging Partner's shared information about senior centers, events/activities, and the Health & Fitness Center and how Ponca's clients can access those services. The Elders Victim Advocate is scheduled to provide training to care management staff in early 2020.*
- **Brain Injury Alliance.** *The Brain Injury Alliance is a statewide non-profit agency which provides resources, information, advocacy, support groups, and education to persons with a brain injury and their families. The executive director and a brain injury survivor provided training in August. Aging Partners is part of a small workgroup of the Brain Injury Alliance which is exploring socialization and recreational gathering opportunities for persons with brain injuries.*
- **Sowers Club.** *Aging Partners has been working with the Sowers Club to increase our partnership and engagement with this group. This resulted in two speaking engagements reaching 175 people, resulted in some financial funding of our food delivery van and engaged them in delivering food packages to selected seniors.*
- **Nebraska Commission for the Deaf and Hard of Hearing.** *This state-wide commission partnered with Aging Partners to support "Fall Prevention Training" called "Only Leaves Should Fall". This programming was directed towards persons who are deaf or hard of hearing. Programs were adapted to meet the training needs of this population.*
- **Midwest Covenant Home.** *Due to a change in the structure of the Polk County Senior Services program and the awarding of service provision by Polk County to Midwest Covenant Home, Aging Partners has had the opportunity to work with Midwest Covenant Home and their employees designated for the county senior service activities. In-person meetings, trainings, and consultation have occurred with the organization.*

12/20 Aging Partners has established partnerships with the following agencies and organizations so far during this state fiscal year:

- **Asian Community Center:** *Two major developments in our partnership with the Asian Community Center. The Center is now represented on our Areawide Council. We have entered a partnership to serve seniors in the Asian Community*

through the Asian Community Center during COVID with technology training and technology tools.

- **Tabitha:** *Our partnership with Tabitha has been expanded to include distribution of Home Delivered Meals to seniors living in Lincoln, NE impacted by COVID.*
- **Lincoln City Libraries:** *A new partnership is being planned to utilize Lincoln Public Libraries for loaning technology to seniors. Examples would be like “GranPads”. This project put on hold pending new round of COVID funding.*
- **Nebraska VR TBI:** *The Director of Aging Partners now sits on the Statewide Advisory Council for VR TBI.*
- **University of Nebraska Omaha – Omaha Gerontology Department:** *Aging Partners participated in a partnership with UNO for research on seniors receiving HDM related to their COVID impacted isolation.*
- **City of Lincoln Health Department (LLCHD):** *Aging Partners has been partnering with the LLCHD to distribute needed health information during the Pandemic and providing advice and support on the Vaccination Advisory Committee. Aging Partners has also entered a contract with LLCHD for RN review and support for nutrition programming.*
- **Lincoln Parks and Recreation (FitLot):** *Aging Partners has partnered with the City of Lincoln Parks and Recreation Department to install donated fitness equipment designed for seniors. The equipment was secured by way of a grant from AARP.*
- **Home Instead:** *Aging Partners has partnered with Home Instead’s new ownership to engage their staff in volunteer activities to support Aging Partner’s programs.*

5/2021: Additional partnerships for this fiscal year include:

Ponca Tribe of Nebraska: *The partnership with Ponca has been deepened by to serve native American clients who are 60 plus and homeless with their COVID related needs.*

- **Willard Community Center:** *Willard Community Center provided outreach opportunities for Aging Partners to the neighborhoods they serve through the distribution of food product and care supplies. This was paid for using COVID funding. Nutrition and COVID related information was distributed through these packages.*
- **LLCHD COVID19 Vaccine initiative:** *Extensive work was completed in assisting the Lincoln/Lancaster County Health Department in the promotion and*

vaccination of seniors (60+) in our community. Examples of the assistance provided:

- *Assisted transportation during mass vaccination clinics*
 - *Promotion of vaccination availability through our calls to clients.*
 - *Supported seniors by helping them register for vaccination clinics and outgoing calls to confirm their reservations.*
 - *Registered homebound clients unable to attend a mass vaccination clinic for the in home vaccine program.*
 - *Provided support at clinics serving seniors in a variety of clinic duties: temperature checks, registration, direction on site, assistance with transition of clients from cars to wheelchairs.*
 - *Advocated on the Vaccination Committee for City of Lincoln the needs of seniors and in review of clinic sites to advocate for senior needs at those sites.*
 - *Coordinated receipt of wheel-chairs for use at clinics. Lancaster Manor, Holmes Lake Rehab, Ambassador of Lincoln, and Eastmont Towers were among the largest donors of wheelchairs for use during the events.*
- ***Home Instead:*** *our partnership with Home-Instead strengthened as the company provided fiscal support to clients in the form of gift cards.*
 - ***CHI Health:*** *funding for new GeriFit program to be launched in FY22. As a result of fitness needs created by COVID, Aging Partners approached the CHI Health Foundation for support of an evidence-based program called GeriFit. This new program will assist seniors in rebuilding muscle strength. CHI Health is providing financial support to the program.*

In the upcoming state fiscal year, Aging Partners plans to again establish at least six (6) new partnerships. Two are in the works with Butler County Health Care Center (the local hospital).

5/2022: Additional partnerships developed this year include:

- ***Commission on the Deaf and Hard of Hearing, Nebraska:*** *Communications tools for the Deaf and Hard of Hearing for Long Term Care Facilities. This program is taking communications tools into the Long-Term Care facilities to assist with communications with this key population.*
- ***UNK Gerontology School:*** *We have developed plan to use ARPA funds to provide GrandPads to consumers with evaluation support of the UNK Gerontology School.*

- **OSHER Life-Long Learning:** *We worked together with OSHER to create a brain health program to the public presented at a community-wide event.*
- **Southeast Community College:** *We worked together with OSHER to create a brain health program to the public presented at a community-wide event.*
- **Tabitha:** *Tabitha will be our launch site for the communications kits for Long-Term Care facilities.*
- **UNMC School of Dentistry, CHI Saint Elizabeth, SPOHNC (Support for People with Oral Head and Neck Cancer) and Lincoln Balance, Mobility and Cancer Rehabilitation:** *Aging Partners will be hosting an Oral Head and Neck Cancer awareness community event in April, 2022.*

Objective 2:

Engage Federal, State, and Local policy makers and other partners to ensure existing policies and programs optimally reflect the interest of people with disabilities, older adults, and their family members.

Strategy:

Communicate and educate Federal, State, and Local policy members to influence public policy related to people with disabilities, older adults, and their family members.

Performance Measures:

1. Engage State Senators by finding opportunities to educate Senators regarding aging issues and formally communicate quarterly with them. (Measure: documentation of senator outreach)

2/2020 –

- *Formal meeting are expected to take place between January, 2020 and June, 2020. Meetings with selected Senators planned for Legislative Session that runs January 8th, 2020 through April 23, 2020.*
- *Two Outreach breakfasts have been held this period, and all state senators are invited.*

12/20 -

- *Outreach to U.S. Department of Agriculture regarding changes to SNAP*
- *Letters to Nebraska Representatives requesting their support of OAA reauthorization and increased funding.*
- *Meetings with State Senators*

- *Walz: January 24, 2020*
- *Wishart: 2/10/2020, 2/27/20*
- *Bolz: February 2020*
- *Stiner: 2/6/20; 3/5/20; 6/25/20*
- *Dorn: 2/26/2020*
- *Reception for NE Senators: 2/26/2020*
- *Written materials distributed to State Senators February 2020*
- *Letter to Congressional Offices requesting support for Senate Bill requesting Medicare inclusion of Nutritional Therapy for other nutritional needs*
- *Visit with Senator Fischer's Office regarding OAA Hold-Harmless 10/3/2019 5/2021*
- *Since July 1, 2020 all quarterly breakfasts where local state senators are invited have been suspended due to COVID restrictions.*
- *Communication with Senator Walz regarding legislation (LB101);*
- *Communications with Senator's Aide re possible legislation*
- *Discussion with Todd Crawford of Representative Deb Fischer's Office regarding ongoing aging issue, the Older Americans Act, and COVID funding*
- *Living Well magazine is distributed quarterly to Nebraska state senators in districts representing the Aging Partner's service area.*

In the upcoming state fiscal year, the measure is based on activities to educate State Senators.

5/2022:

- *Quarterly magazines distributed to State Senators serving the Lincoln area were mailed covering a variety of topics.*
- *Worked with Ne4a to host Legislative Outreach event. Cancelled due to COVID restrictions just prior to the event.*
- *Worked with Ne4a and City of Lincoln lobbyists and connected with State Senators to sponsor legislation to support ADRC contracting change.*
- *Recommended letter communications to State Legislature regarding 2022 bill.*
- *Worked closely with City and County policy makers regarding Victory Park legislation at the local level.*

Objective 3:

Lead the development and implementation of new public policies and programs that advance the interest of people with disabilities, older adults, and their family members.

Strategy:

Work collaboratively with advocacy groups, AARP, caregivers, Disability Community, and others with similar interests.

Performance Measure: (revised for SFY22)

1. Seek opportunities to increase the inclusiveness of the Areawide Council by engaging and recruiting members from a variety of ethnicities, cultures and interests. These could include advocacy groups, AARP, caregivers, persons from a variety of disability organization and others.

Measure: In FY22, Aging Partners will recruit two additional members who increase the inclusiveness of the Areawide Council.

5/2022: We have balanced our recruitment on the Areawide Council to include persons representing a variety of cultures in our community. Thus, our current membership is full but expect turnover next year. The following groups are represented in our Areawide Council:

Eastern European/Former Soviet Union (Azerbaijan); Asian, Hispanic, African American, Caucasian, and Middle Eastern/Muslim communities; deaf and hard of hearing; seniors; persons under 60 years of age, rural and urban communities, and consumers of Aging Partners and/or our county programs.

2. Include the disability community in future surveys to measure needs and service satisfactions. (Measure: Persons receiving ADRC services who have a disability will receive consumer surveys to measure satisfaction or interests/needs)

Customer Satisfaction surveys have been completed for ADRC Services. Information is submitted quarterly to the SUA. This process stopped state-wide due to limited information from the surveys to make programmatic changes. Working with ADRC contractors to refine survey and implement.

Surveying ADRC recipients is being proposed in the FY22 ADRC Statewide goals.

5/2022: This topic is planned to be revisited in May with the ADRC consultants, the Area Agencies on Aging, and ADRC partner organizations who comprise the ADRC Leadership Team. The 2022-23 ADRC Plan for Services addresses this in the Action Plan as follows: *The use of consumer satisfaction surveys is explored and, if surveys are utilized, a data collection method is developed and implemented to provide data for inclusion in quarterly reports.*

Goal 2: Protect Rights and Prevent Abuse

Protect and enhance the rights; and prevent the abuse, neglect, and exploitation of older adults and people with disabilities.

Objective 1:

Identify, strengthen, and enhance collaboration of programs at all levels that impact the rights and prevent the abuse, neglect, and exploitation of older adults and people with disabilities.

Strategy 1:

Develop strategic partnerships that encourage, educate, and empower stakeholders on the rights and prevention of abuse, neglect, and exploitation of older adults and people with disabilities.

Performance Measure:

1. Conduct training for Aging Partners staff in how to recognize and respond to elder abuse, neglect and exploitation. (Measure: One class every two years beginning in 2021 or earlier)

2/2020 - Training was offered by SUA on Elder Justice in August 2019, and included sessions on adult protective services, elder abuse and neglect, financial exploitation, and fraud/scams. Several staff of Aging Partners were trained by attending in-person or via the weblink.

In November, 2019, a presentation on the coordinated roles of Adult Protective Services (APS) and local law enforcement was made to Aging Partners staff, local human service providers, and other interested parties. The trainers were an APS supervisor from DHHS and an Investigator from the Lincoln Police Department.

12/20 - Seven staff members participated in the latest Elder Justice Conference in the Summer of 2020. Additional Trainings included:

6/17/20 The Nebraska State Ombudsman Office, Stephanie Beran, Julie Pham, Carl Eskridge, Julie Rogers, and Sue Adams, ombudsmen

7/22/20 The Lincoln Commission on Human Rights, Mindy Rush Chipman, Director, Lincoln Commission on Human Rights

5/2021: Members of Aging Partners staff have completed training on the following topics:

8/2020 – 9/2020: webinar series on older adults and opioids

8/2020 - Using Consumer Law to stop elder abuse

10/8/20 - Legal Aid Eviction Webinar

11/2020 - Elder Abuse Basics

*1/21 - Elder Abuse and Remediation-The Role of APS in Elder Abuse Cases**5/2022: Elder Abuse Training*

5/2021 – Fraud and Scams: an overview of current scams and fraud perpetrated against elders, and what AARP and the BBB are doing to educate and combat this problem.

6/2021 – ASA Webinar: Elder Abuse and Neglect

9/2021 – ASA Webinar: Preventing Elder Financial Exploitation

10/2021 – ASA Webinar: The Psychology of Financial Scams in the Older Population

11/2021 -Nebraska APS: How to Recognize and Respond to Adult Abuse, Neglect, and Exploitation

11/2021 – Training was offered by SUA on Elder Justice in November, 2021, and included sessions on elder abuse, elder financial exploitation in the banking and securities industry, and SAFE: scams and anti-fraud

No trainings in this area are planned for the rest of SFY22.

Strategy 2:

Continue partnerships with disability partners, APS, and others to support elder rights and prevent abuse, neglect, and exploitation.

Performance Measure:

1. Increase newsletter articles, financial publications, and social media awareness on Elder abuse and financial exploitation by 3.5% per year. Year One: establish benchmark; Year 2-4 increases by 3.5% per year.

2/2020 - Aging Partners is establishing the baseline this year. To date, we have nine (9) articles and social media postings on these topics. Our agency plans a benchmark twenty (20).

12/2020 – In FY20, nine (9) articles in publications and media appeared related to elder abuse. Frequency was reduced due to focus on COVID following March 2020. Promotion of COVID services then took priorities. The Living Well magazine articles were:

- *Insurance Fraud: Billions of Dollars Lost Annually – How to report and Protect Yourself*
- *I Need Legal Assistance*
- *2020 Census Coming: Beware of Scams*
- *Recognizing and combating malicious emails*
- *Ensuring vulnerable adults are protected*
- *Consumer protection here for you: helping Nebraskans against fraud*

The media program on Live and Learn Television Program were:

- *Ryan Sothan, State Attorney General*
- *Lincoln Commission on Human Rights*
- *2020 Census*

Web/Social Media Links provide an additional four (4) programs :

- *Elder Legal Services*
- *"Safe, Secure Seniors" TV Program to Promote Legal Services for Older Citizens*
- *Family Caregiver Alliance (FCA)*
- *Protecting Nebraska's Seniors from Fraud*

My Center News Discontinued temporarily due to COVID

5/2021

Summer 2020: Seniors Farmers Market Nutrition program distributed materials on elder abuse and scams

For FY21, Aging Partners did not increase this performance measure by 3.5% of the baseline of 20. Promotion of COVID services took priority in the public information area. The agency plans to increase the baseline of 20 by 3.5% in FY 22.

March, 2022: Once again, COVID caused us to focus on it as a priority in our communications in public information.

The following is a list of articles that appeared in Living Well and programs that were aired on Live and Learn related to the fraud or financial exploitation.

Live and Learn

Fraud and Financial Exploitation

- Interview on Part II on "How to not get scammed" with Ryan Sothan
- Interview on Cyber Frauds and Scams with Jim Anderson, City Information Services
- Interview on Telephone and Internet SCAMS with Ryan Sothan, Nebraska Attorney General's office

Living Well Magazine

Fraud and Financial Exploitation

Romance or Ruse? Romance Scams on the Rise for Older Adults

Objective 2:

Educate and empower stakeholders on the rights and prevention of abuse, neglect, and exploitation of older adults and people with disabilities.

Strategy:

Implement tools for the education and empower stakeholders that include public speaking engagements, websites, outreach, and printed materials.

Performance Measure:

1. Increase publications and social media awareness on Elder abuse, neglect, and financial exploitation by 3.5% per year. Year One: establish benchmark; Year 2-4 increases by 3.5% per year.

2/2020 - Aging Partners is establishing the baseline this year. To date, we have nine (9) articles and social media postings on these topics. Our agency plans a benchmark twenty (20).

12/2020 – In FY20, nine (9) articles in publications and media appeared related to elder abuse. Frequency was reduced due to focus on COVID following March 2020. Promotion of COVID services then took priorities. The Living Well magazine articles were:

- Insurance Fraud: Billions of Dollars Lost Annually – How to report and Protect Yourself
- I need Legal Assistance
- 2020 Census Coming: Beware of Scams
- Recognizing and combating malicious emails
- Ensuring vulnerable adults are protected
- Consumer protection here for you: helping Nebraskans against fraud

The media program on Live and Learn Television Program were:

- Ryan Sothan, State Attorney General
- Lincoln Commission on Human Rights
- 2020 Census

Web/Social Media Links provide an additional four (4) programs :

- Elder Legal Services
- "Safe, Secure Seniors" TV Program to Promote Legal Services for Older Citizens
- Family Caregiver Alliance (FCA)
- Protecting Nebraska's Seniors from Fraud

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5/2021

Summer 2020: Seniors Farmers Market Nutrition program distributed materials on elder abuse and scams

For FY21, Aging Partners did not increase this performance measure by 3.5% of the baseline of 20. Promotion of COVID services took priority in the public information area. The agency plans to increase the baseline of 20 by 3.5% in FY 22.

March 2022: Year to date for SFY 22, Aging Partners has aired three (3) programs related to fraud or financial exploitation, and one (1) article in the Living Well magazine on these topics.

The following is a list of articles that appeared in Living Well and programs that were aired on Live and Learn related to the fraud or financial exploitation.

Live and Learn

Fraud and Financial Exploitation

- Interview on Part II on “How to not get scammed” with Ryan Sothan
- Interview on Cyber Frauds and Scams with Jim Anderson, City Information Services
- Interview on Telephone and Internet SCAMS with Ryan Sothan, Nebraska Attorney General’s office

Living Well Magazine

- Romance or Ruse? Romance Scams on the Rise for Older Adults

Goal 3: Individual Self Determination

Work with older adults and people with disabilities as they fully engage and participate in their communities, make informed decisions, and exercise self-determination and control about their independence, well-being, and health.

Objective 1:

Promote programs and strategies that support community integration for older adults and people with disabilities.

Strategy:

Provide older adults and people with disabilities, information, education, and counseling on their options to live as independently as possible in the community.

Performance Measures:

1. Increase number of persons served through Care Management by 3% each year to exceed 10%

2/2020 - Aging Partners monitors Care Management client data. Thus far, we have served over 350 clients this year on the program. FY 19 data is 523 persons served through Care Management. This is the baseline. Year-to-date in FY20, Aging Partners has served 384 clients on Care Management. 3% increase over FY 19 is 539 clients, and we are at 71% of our goal during the first half of the fiscal year.

4/2020 – Aging Partners has served 412 clients year to date with Care Management services. We are now at 76% of our FY20 goal.

5/2021 – In SFY 20, Aging Partners served 462 clients with Care Management services. This is 86% of our goal.

For SFY21, a 3% increase over the SFY20 goal of 539 is 555 clients. Through the end of March (three quarters of year), 368 clients have been served with Care Management. This is only 66% of the goal. Client served numbers are down because of staff vacancies that occurred in SFY21. Two staff who worked with the Care Management program retired this past year, but the agency was not able to fill those positions until the last two months. The Care Management program is now fully staffed and an additional Care Manager was hired to cover increasing needs in the Care Management and Social Work programs. COVID 19

restrictions also caused challenges in serving new clients because of the inability to meet in person with clients, and trying to develop rapport, conduct assessments and develop care plans from a distance. With this in mind, Aging Partners plans to continue with the original goal of a 3% annual increase in the number of persons served. The goal in SFY22 is 571 clients.

5/2022: In SFY21, Aging Partners provided Care Management services to 425 unduplicated clients. Our goal for SFY22 remains at 572 clients, and with two-thirds of the state fiscal year elapsed, Aging Partners has served 326 unduplicated clients.

For the upcoming SFY, Aging Partners will maintain the goal of a total 10% increase over the baseline (523 unduplicated clients was established baseline). The SFY23 goal is 575 unduplicated clients.

2. Increase number of persons served through ADRC by 3% each year.

2/2020 - Aging Partners monitors ADRC client data. Thus far, we have served over 350 clients this year on the program. FY 19 data is 354 persons served through ADRC. This is the baseline. Year-to-date in FY20, Aging Partners has served 350 clients on ADRC. 3% over FY19 is 365, and we are at 96% of our goal during the first half of the fiscal year.

4/2020 – Aging Partners has served 458 persons through ADRC services year-to-date. This exceeds our goal.

12/2020 – Aging Partners served 567 clients in SFY20.

5/2021 – Aging Partners has served 348 clients year to date. We plan to meet the goal of 378 clients, an increase of 3% from the previous year's goal. The goal for SFY22 will be 389 clients.

March 2022: Aging Partners provided 467 clients ADRC services during SFY21. This exceeded the Year 2 goal. Year to date for SFY 22, we have provided ADRC services to 349 clients, and are on target to exceed this year's goal of 389 clients.

3. Increase the number of units of evidenced-based programs and practices that empower individuals to improve the quality of their health, independence and well-being. Produce a 3.5% increase per year. (Taxonomy # 13).

2/2020 - Aging Partners monitors evidence-based health promotion client data. Thus far, we have provided over 2200 service units.

Aging Partners will establish a benchmark with Year 1 data. To date, 188 unduplicated clients have been served through evidence-based programs.

4/2020 – Aging Partners has now served 273 unduplicated clients through evidenced based programs and provided over 3500 service units. A benchmark will be established with Year 1 data.

12/20 – Aging Partners provided 3941 units in Year1 (SFY20), establishing the baseline. However, one quarter of the year was impacted by restrictions due to COVID 19. Future years impacted by COVID 19 restrictions will not meet or exceed this baseline.

5/2021 – Aging Partners has provided 741 units year to date to 56 clients. Due to COVID 19 restrictions which have limited in person gatherings, Aging partners will not exceed the Year 1 baseline. Some clients have participated in evidence based health promotion/disease prevention programs when sites are open or via a web based (remote) session format. The agency has secured a grant for the Geri-Fit evidence-based program, which is designed to help seniors regain muscle strength. Geri-Fit is a tier III evidence-based health promotion program. The program is expected to begin when COVID 19 restrictions are lifted.

March 2022: Aging Partners provided 1915 units of evidence-based health promotion/disease prevention services in SFY21. This was down due to COVID 19 restrictions. Two-thirds into for SFY 22, we have provided 3011 units to 205 unduplicated clients. This is on track to provide 4516 units of evidence-based health promotion services, if no further attendance restrictions arise. Based on this, Aging Partners will exceed the Year 3 goal of 4222 units.

Goal 4: Long-Term Services and Supports

Enable people with disabilities and older adults to live in the community through the availability of and access to high-quality long-term services and supports, including supports for families and caregivers.

Objective 1:

Provide comprehensive information to empower eligible individuals to make informed choices regarding long-term care services and supports.

Strategy:

Increase public awareness on how to make informed choices regarding long-term care services and supports through radio and TV ads, public speaking, social media, paid and unpaid media.

Performance Measure:

1. Increase publications and social media on long term care services and supports by 10% (using FY19 as a baseline – increase 3% each year to exceed 10% in four years).
 - *Each of the two Aging Partner’s quarterly magazines published during this period included a long-term care/caregiving article.*
 - *FY 19 baseline: On average five promotions of long-term care services and supports appeared in Living Well Magazine. (As measured from June 2019 issue)*

- *FY 20 actual: On Average, ten promotions of long-term care services and supports appeared in Living Well Magazine. (As measured from June 2020 issue) 100% increase.*
- *FY21 YTD: On track for similar volume in FY21. Will enhance future issues to include additional articles.*
- *5/2022: Living Well magazine has published these articles on long term care services and supports:*
 - Memory Care Offers Safety Stability for Those Facing Dementia*
 - Changes in the Aging Partners Care Management Team*
 - Caregiver Support Services*

2. Focus public education on respite care by publishing four articles throughout the plan period on the topic and resources available.

2/2020 - As of the date the Governance Tool was submitted to the SUA, no articles on respite care had been published. Aging Partners staff is aware of this and plan to include articles on respite care in publications during the rest of this fiscal year. A social media post about respite should be ready by the end of January, and one is planned to be posted in February. Fillmore County plans to publish an article about respite in March in the local newspaper, The Nebraska Signal.

Each issue of Living Well magazine includes a column titled "Caregiver Corner". Respite and other services for caregivers are typically included within this column, although respite is not the complete focus of it.

5/2021 - Aging Partners plans to publish four articles on respite in our quarterly magazine and on social media.

The following articles appeared in Living Well Magazine which focus on Caregiving and Respite Care:

SPR 2020 Vol 16, Issue 2 Caregiving Doesn't have to be a solo journey

SMR 2020 Vol 16 Issue 3 The role of professional caregivers

Support Groups Help Caregivers Mental Health

Fall 2020 Vol 16 Issue 4

Financial Caregiving

Taking Care of the Caregiver: Respite Important to renew

Hospice Care Can Help Most of Finite Time

Understanding and Evaluating Long Term Care Insurance

The following programs appears on CITY TV "Live and Learn" program:

Courageous Conversation with Erin Rae-Hope Putney

Trust and being compassionate among caregiving lessons

Alzheimer's and Dementia caregiving resources available

5/2022 – the following Caregiving Articles have been published in the Living Well magazine:

- *Pandemic Predicaments: Discovering the Complicated Nature of Aging in Nebraska Amid Physical Distancing*
- *Emergency Preparedness Can Save Lives*
- *Caregivers Work to Keep Isolated Individuals Engaged*
- *Reversed Roles: Grandmother, Grandson Care for Each Other*
- *Caregiver Support Services*
- *Memory Care Offers Safety Stability for Those Facing Dementia*
- *Caregivers Find Support Through Caregiver Meetings*
- *Caregivers Find Support Through Caregiver Meetings*
- *Caregiver Corner: Caring for an Aging Parent as an Only Child*
- *Caregiver Support Group*
- *Nebraska Caregiver Coalition 2022 Educational Series for Family Caregivers*

Objective 2:

Ensure that the ADRC is an ongoing component of Nebraska’s long-term care continuum, and that ADRC sites coordinate and establish partnerships with organizations specializing in serving aging persons and persons with congenital and acquired disabilities.

Strategy:

Communicate and educate Federal, State, and Local policy members to influence public policy related to older adults and people with disabilities.

Performance Measure:

1. Actively participate in Long Term Care stakeholders’ meetings. In FY19, MLTC hosted six stakeholder meetings. These meetings are planned and organized by the Nebraska Medicaid Division. Measure is 100% participation in held meetings.

2/2020 - Aging Partners has been an active participant in all Long-Term Care Stakeholder meetings held either by conference call or in person.

5/2021 – Aging Partners participates in Stakeholder meetings as they occur. Aging Partners advocated for the use of AAA staff who are familiar with Long-Term Care issues in the Aged & Disabled waiver program to assist in developing a transition plan for Level of Care assessments, which are to be conducted by DHHS Medicaid staff. The agency joined other Nebraska AAAs in communication with State Senator Walz’s office regarding the extension of the DHHS MLTC pause in moving the Aged & Disabled waiver program clients into managed care.

March 2022: Aging Partners activity participates in Targeted Case Management meetings held by the State of Nebraska. This also includes Leadership meetings of the ADRC.

Objective 3:

Promote a convenient point of entry to eligible individuals seeking information and access to long-term care services and supports.

Strategy:

Continue to explore and work with the State Medicaid Agency in the development and implementation of a No Wrong Door system.

Performance Measures

1. Actively participate in No Wrong Door Stakeholder meetings in the future as planned by Nebraska MLTC. (No history of these meetings have occurred)
12/20 – Aging Partners has taken a leadership role in organizing the ADRC Leadership Team. With the change in the Aged & Disabled Medicaid waiver program being moved to the DHHS Division of Developmental Disabilities, Aging Partners met with the outgoing Medicaid Director for advice on moving forward. The agency director has met with DHHS DD Director, Tony Green, who has expressed interested in attending future AAA calls and expressed interest in the No Wrong Door program.
5/2021 – DD Director Tony Green has participated on NE4A calls. Aging Partners Director has coordinated and facilitated the Leadership Team meetings for the ADRC partnership with our contractors.

2. Train agency staff as a whole in services to persons with disabilities through annual targeted training. (This training is new)

2/2020 –

Training offered to staff has included:

1. *Dementia 7/6/19*
2. *Aging Brain 7/10/19*
3. *Brain Injury 8/14/19*
4. *Behavioral Health Services Coordination 8/21/19*
5. *Alzheimer's 10/30/19*
6. *Person Centered Supports 12/17/19*

Additional training planned:

1. *NCDHH "in service" training by Kim Davis (NCDHH Advocate) and Sharon Sinkler (Sign Language Interpretation Services)*

5-2021-

Training offered to staff has included:

1. *Veterans mental health, suicide and PTSD 8/19/20*
2. *Working with clients with diminished capacity 9/15/2020*

3. *Supporting Individuals with Intellectual and Developmental Disabilities and Dementia Using Evidence Based and Community Models of Care 10/6/2020*
4. *Developing a Framework to Connect the HIV/AIDS and Aging Services 11/17/2020*
5. *Reaching Socially Isolated People Living with Dementia 1/13/2021*
6. *Complex Care Management for People Living with Dementia 3/11/2021*

Additional training planned includes information on Parkinson's Disease.

5/2022:

Training offered to Aging Partners staff has included the following topics:

1. *4/21 -Aging and Disability Resources (ADRC) 101*
2. *4/21 - Introduction to Parkinson's disease and resources*
3. *6/21 - Disability Rights Nebraska*
4. *12/21 -Nebraska Commission for the Deaf and Hard of Hearing*

Upcoming trainings:

1. *4/22 – Realizing Employment Success: Serving People with Brain Injuries*
2. *4/22 – Tips on Assisting Someone with Advanced Parkinson's*
3. *5/22 – Disabled Persons and Family Support Program and Respite Subsidy*
4. *6/22 – Commission for the Blind and Visually Impaired*
5. *8/22 – Brain Injury Alliance of Nebraska*

Objective 4:

Explore opportunities for sustainability of the Nebraska ADRC.

Strategy:

Advocate with the Nebraska Legislature to increase, and make permanent, funding for the ADRC.

Performance Measure:

Work with individual Board Members, 8 Nebraska Senators, and the Association Lobbyist on bills specific to AAA and AAA client needs. Document activity as measure.

In recognition of LB793, which requires Nebraska DHHS to “pursue federal matching funds as applicable and allocated such funds to the aging and disability resource centers”, Aging Partners supports the process that is determined to be financially affordable and logistically practical.

2/2020 - Advisory Council will be involved in Seniors Day at the Capital event sponsored by Ne4a. Director working with City Lobbyist in regard to this session's bills.

12/2020 – Aging Partners and Ne4A provided information to Sen. Walz, who introduced legislation to financially support ADRC disability partners. The bill failed to make it out of committee. This would have granted authority to DHHS State Unit on Aging to contract directly with disability partners, rather than AAA's contracting with disability partners.

5/2021 – Aging Partners was informed that it was not a legislative priority for a bill to be introduced which would allow the SUA to contract directly with disability partners.

Aging Partners has been actively completing Medicaid Administrative Claiming Random Moment Time Studies.

5/2022 – Aging Partners worked with both City and Ne4a Lobbyists to have a bill introduced to allow for contracting direct between the SUA and Disability Partners. Aging Partners participated in Medicaid Administrative Claiming requests.

Goal 5: Effective and Responsive Management

Implement management and workforce practices that support the integrity and efficient operations of programs serving people with disabilities and older adults and ensure stewardship of taxpayers' dollars.

Objective 1:

Implement management improvement activities, including program integrity and internal control initiatives, to strengthen business processes, improve efficiency, and promote accountability.

Strategy:

Research and share best practices among the Area Agencies on Aging.

Performance Measure:

1. Aging Partners will commit to a culture of using best practices in decision and problem solving. This will be measured by taking big issues faced by Aging Partners and documenting best practice discussion.

2/2020 - Best Practice Discussion occurred in reviewing Home Delivered Meal Program. Resulted in changing to Mom's Meals.

Currently reviewing Best Practices in relation to organizational structure with the planned retirement of Denise Boyd.

4/2020 – Aging Partners restructured the Areawide Planning and Nutrition team after longtime manager, Denise Boyd, retired. The central kitchen operations now are part of the Community Activities and Services team.

Aging Partners is adapting a volunteer program used in Colorado to match volunteers with seniors who need assistance and “distanced” visiting due to COVID-19 restrictions.

12/2020 – Best practices research and discussion have led to the following enhancements:

- a. Development of the NeighborLNK program that connects community volunteers to homebound seniors. This was a best practice from Ft. Collins, CO.*
- b. Application of Mom’s Meals to address the Home Delivered Meal need in Fillmore County.*
- c. Applied best practice of contracting for the nutrition/dietary Registered Dietician approval of menus. Example was from Northeast Nebraska AAA. Menu approvals are now conducted by the Lincoln/Lancaster County Health Department.*
- d. Development of “Only Leaves Should Fall” program. This program provides fall prevention education to persons who are deaf and hard of hearing, as well as members of the Asian and Hispanic communities.*
- e. Best practices used in addressing COVID 19 disease spread prevention.*

5/2021 – More best practices implemented:

- a. Partnered with the Lincoln/Lancaster County Health Department in supporting COVID 19 mass vaccination clinics by having staff work at clinics; provide education to clients, family members, caregivers; and enrolling homebound clients to receive vaccination in their home.*
- b. Aging Partners is in the process of implementing the Geri Fit program, a research based, evidence-based program that develops muscle strength in seniors.*
- c. Aging Partners is in a public-private partnership with the development of the Victory Park project.*
- d. Implemented a best practice through the “Sunshine Kids for Seniors” project that distributed children’s artwork to at home seniors during COVID.*

5/2022 – Best practices implemented during this fiscal year include:

- a. Ongoing work with Victory Park and adding unique features to the facility such as pneumatic fitness equipment and outdoor space to be used for senior center and fitness activities.*

b. Implementation of the GrandPad technology device for use by our seniors to improve communication with family members and other caregivers.

c. Development of future plans for the use of electric para-transit buses

d. Application of remote technology in meeting with clients and holding internal meetings remotely.

e. Implementation of communication kits for deaf and hard of hearing clients, caregivers, and participants.

2. Evaluate the cost effectiveness and best practices related to home-delivered meals and all non-OAA meals in FY20.

2/2020 - Home Delivered Meal Program evaluated and shifted to Mom's Meals. Reassessment of clients took place. Promotion of Home Delivered Meals in community also occurring.

12/2020 – Aging Partners enhanced Home Delivered Meals during the COVID 19 pandemic. Distribution of Non-OAA meals review will be occurring in second half of FY21. In response to COVID 19, “Grab and Go” or To Go Meals were prepared, primarily in the counties outside of Lancaster.

5/2021 – Aging Partners reviewed the Non OAA sack lunch program and determined this was a duplication of other community services, and is eliminating it. The pandemic allowed for an easy transition out of this program, since such sack lunches have not been distributed during the pandemic.

5/2022: Aging Partners is exploring opportunities to leverage ARPA funds in the future for inventive Grab n Go or Home Delivered meal options.

3. Conduct a site-by-site assessment on the effectiveness and efficiency of each Service Center located in Lancaster County in FY20. Findings will be reviewed by Aging Partners Leadership to determine areas where increased efficiency can be implemented.

2/2020 - Review will be occurring in second half of FY20

12/2020 – The following review and decisions were made:

- a. *The Downtown Senior Center in Lincoln was determined to be in the wrong location and the asset has decayed. This confirms the decision to relocate to Victory Park.*
- b. *The Waverly Senior Center closed due to lack of participation.*
- c. *The Stromsburg Senior Center closed due to concerns for future compliance of OAA guidelines and significant decreases in services. It did re-open, but not as an OAA site – there is no service reporting from the center and no financial support from Aging Partners.*

- d. *Lake Street Senior Center in Lincoln has been identified as needing improvements. Aging Partners has discussed a possible partnership with the Lincoln Parks and Recreation Department to jointly occupy space at the Irving Recreation Center. At this time, it is not feasible because of full-time summer use of the facility when school is out.*

5/2021

- a. *No further action recommended related to Home Delivered Meals or Non-OAA sack lunches.*
- b. *Efficiencies realized in nutrition programs through a reduction in staff. This was evaluated using a new management tool referred to as an "Accountability Chart".*

5/2022: *no longer relevant.*

Objective 2:

Utilize emerging technologies and leverage shared services to promote innovation, improve accessibility, and better support our mission.

Strategy:

Utilize new State software to record and report activities.

Performance Measure:

1. All staff who utilize the current NAMIS system will participate in training of new software.

2/2020 –

Aging Partners has participated in trainings, meetings, and webinars with the State Unit on Aging and PeerPlace, the vendor selected by DHHS as their data software solution. A core group of staff has been involved in training and on-going practice in PeerPlace. They will be rolling out "over the shoulder" training with staff individually or in small groups. Prioritized trainees include ADRC staff and support staff who previously entered information into NAMIS. We are looking forward to coordinating with the SUA and PeerPlace on the CLSU (Client Service Units Interface.)

2. Identify two subject matter experts for implementation and training.

2/2020 –

Aging Partner's PeerPlace champions are Colby Hoshor and Kay Wenzl. Both attended in person training on 11/19/19 conducted by SUA and PeerPlace. They met with Amy Hochstetler of the SUA on 12/19/19 and coordinated discussions/trainings with other Aging Partners staff whose programs will use PeerPlace.

12/2020 - Aging Partners has made unplanned investments in our WellSky contract to ensure that the software can produce export files into PeerPlace. Full move to PeerPlace will take place at expiration of the WellSky contract. We are partially challenged by our understanding that PeerPlace will not be as robust in our data gathering and reporting. We have also been challenged with what we see as inadequate training on the new software by PeerPlace.

The PeerPlace software will not advance our agency in an innovative way with services. For example, we will no longer be able to use kiosks which engage consumers to select their services. The new software does allow for bar scanning, but we anticipate confusion with the consumers and the need to tie up additional staff time to help with check in and check out activities.

5/2021 – After extensive evaluation of the service delivery use of the WellSky product compared to PeerPlace, Aging Partners has decided to retain the WellSky product. PeerPlace will receive imported data to satisfy reporting requirements to the State Unit on Aging, as well as other documentation required to be in PeerPlace. Aging Partners will continue to participate in and implement state mandated changes related to reporting and data in PeerPlace.

3. Explore and implement new accounting software by FY21.

2/2020: Discussions have occurred with City Finance to find opportunities to utilize and sync with City software. They plan to review software needs in FY21 or FY22. Implementation in concert with City Finance is critical to a successful outcome.

12/2020 – The latest conversation with the City Finance Director is that with the advent of a new project to provide a technology solution to payroll; they do not expect to begin looking at an alternative financial software until at least City Fiscal Year 22 (9/1/21 – 8/31/22).

5/2021 – The City of Lincoln Finance Director departed his position in the winter of 2020. When the position is hired, Aging Partners will indicate our interest in participating in the process. We were not pleased with the outcome of the city payroll solution as it did not allow us to report at a level needed by the State and would not allow us to completely replace the current Cost Allocation Plan.

5/2022 – The departure of the City's new IT and Finance Director has hampered these efforts. We have had extensive conversations with the city LTU department on how they align staffing costs with business codes – while they use a different system and they don't break their costs down to the level that we have been expected to, there were some ideas generated from this discussion. HR Director is also vacant.

Aging Partners will discuss with new IT, Finance and HR Directors when they are in place.

PLANNING PROCESS

SERVICE AREA OVERVIEW

Aging Partners, as described in Section A, serves an eight-county area in Southeast Nebraska. The total population in these counties is 391,464, seventy-eight percent (78%) of which resides in Lancaster County. In our service area, nearly eighty-six percent (86%) of the total population is white/Caucasian. Men comprise about forty-five percent (45%) of the population who are 65 years and older; and women are fifty-five percent (55%) of this age group. Nearly fifty-seven percent (57%) of persons ages 65 and older rely solely on Social Security as income, with no other retirement funds.

INFLUENCING FACTORS

Victory Park:

Victory Park is a comprehensive, planned redevelopment of the Lincoln, NE Veterans Administration (VA) campus. The plan will develop a 70-unit housing complex for homeless veterans, 300 units of rental housing for seniors and veterans, veterans outpatient clinic, medical office building and a site for senior services by Aging Partners.



Figure 1 Building # 5 Future occupancy by Aging Partners

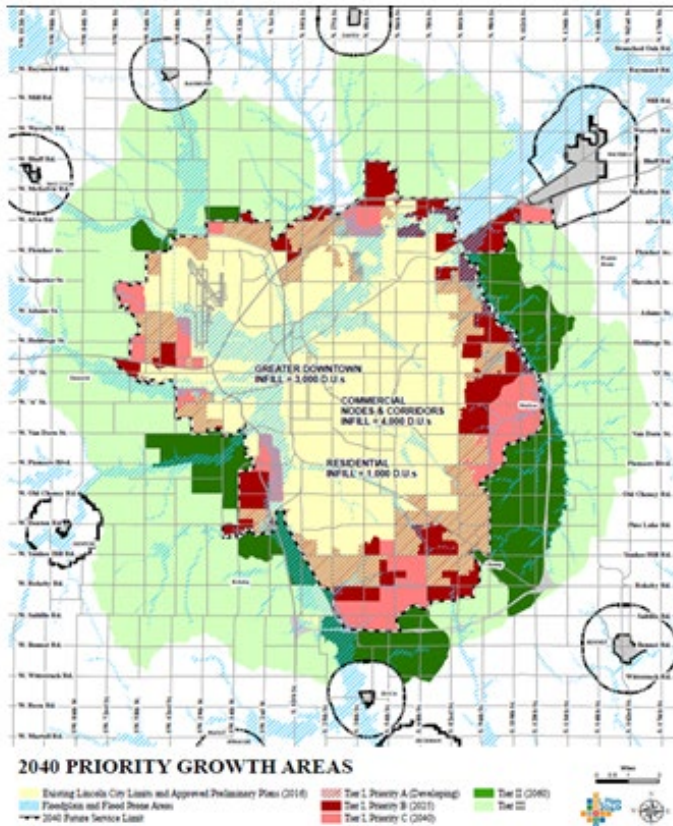
The Developer and the City are negotiating a lease rate for the occupancy of an existing administrative building on the VA Campus with an additional 11,000 sf of new construction added.

This move would shift our downtown services, located at 1005 O Street, the Transportation operations housed at 901 West Bond, and our Fitness Center at 9th & J Street to the 70th Street location. Senior Centers in Belmont and the Near South will assume the downtown consumer traffic. Additional transportation routes have also been planned.

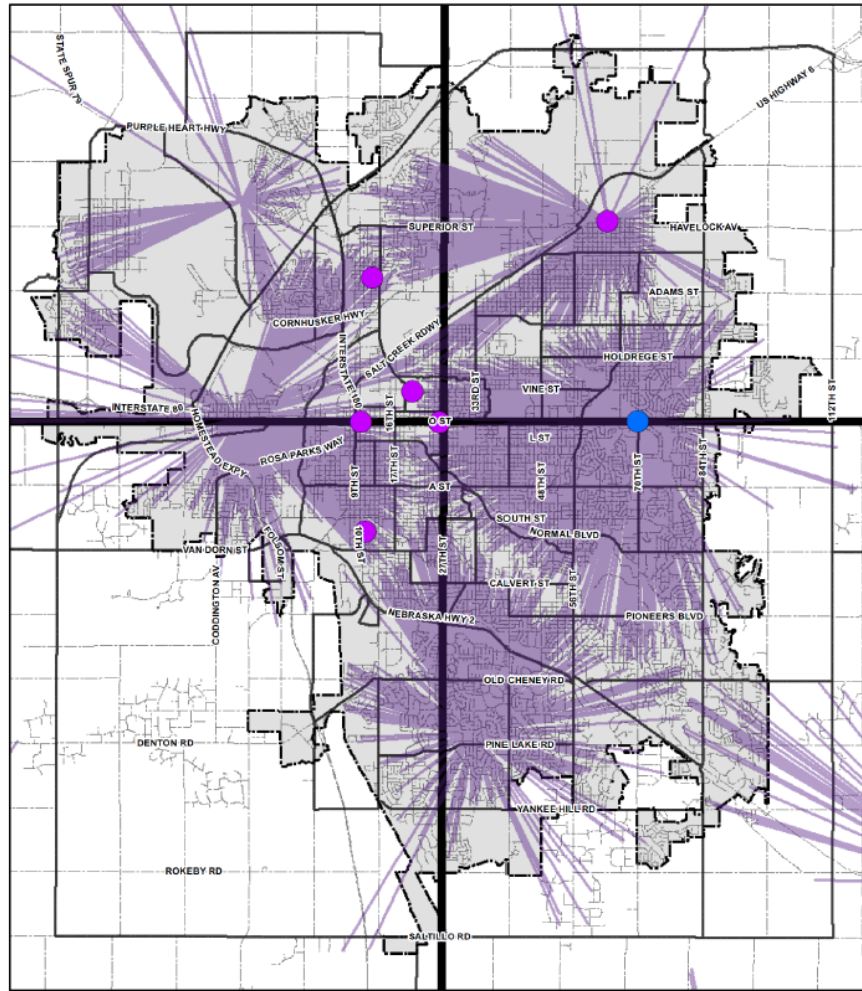
Benefits of moving includes:

- Appropriate amount of floor space for agency programs
- Reduced lease cost over time compared to current locations
- On-site services to 70 homeless veterans and a large senior housing community of over 300 units
- Improved access to services by the public with parking and handicapped accessibility
- Available on-site employee parking
- Co-location of fitness center, meal program, case management services and transportation
- Lease that includes janitorial, maintenance, utilities
- Located in an expanding area of Lincoln that is currently underserved by Aging Partners. Population graphics show a larger concentration of seniors in east Lincoln.

Cardio, strength building and stretching equipment is available for public use in the Aging Partners Fitness Center. Trainers assist individuals in equipment use and identifying fitness goals. Health and fitness classes are provided at the center and various locations throughout our 8-county service area. The Fitness Center is located at 555 S.9th Street in Lincoln. The Fitness Center is planned to move to the new Victory Park site in 2020.



The City of Lincoln Planning department has provided a map that shows planned growth for the City of Lincoln into the year 2040. The growth areas on the map show increased in density of existing land in RED and new growth in areas shaded in GREEN. By locating to the Victory Park campus, Aging Partners will be better positioned to serve the entire metro area vs the current layout of no physical presence in East or SE Lincoln.



Potential Client Allocation by Distance (10 Min Drive time) COMPARED TO Existing Physical Locations



City of Lincoln: Urban Development - Kurt Elder

The map above “Potential Client Allocation by Distance” shows a distribution of Aging Partners clients living in the Lincoln area and the impact that locating Aging Partners to the V.A. Campus will have on servicing clients in the east side of Lincoln.

Updated information for SFY23 is that The City of Lincoln has entered into a 40 year lease for the Victory Park project. Construction for the project began in August 2021 and a targeted move in date is October 2022. At that time the Downtown Senior Center will close.

Overview of the agency’s process for developing the plan

Aging Partners looked to several sources of information to develop this plan. These sources included:

- Aging Partners 2019 Consumer Survey with responses from 734 consumers.
- Planning discussions held with County Program Managers and Aging Partners Leadership Team.
- Plan review and discussion with the Areawide Advisory Council.
- The Area Plan presented to the Mayor’s Office for approval.

Aging Partners 2019 Consumer Survey

Aging Partners repeated the implementation of a broad survey of aging consumers and interested stakeholders in the eight-county service area to determine current thoughts and concerns, and receive public input. The 33-question survey was available electronically on the Aging Partner’s website. Paper copies were distributed in all agency offices, Service Centers and by Aging Partners care managers. A total of 734 responses were submitted.

Survey Key Findings:

Caregiving

In what areas could you use assistance as a Caregiver?

Answered: 128 Skipped: 606

ANSWER CHOICES	RESPONSES
Transportation	41.41% 53
Respite	14.06% 18
Financial Counseling	15.63% 20
Support Group	20.31% 26
Grandparents raising Grandchildren	3.13% 4
Counseling	10.94% 14
Other (please specify)	Responses 24.22% 31
Total Respondents: 128	

Persons who self-identified as a caregiver were asked about assistance needed. Transportation was the top need pinpointed and supports Aging Partners provision of this service in order to meet the needs of consumers. Caregiver support groups and financial counseling services are also indicated as needs by caregivers. The agency is committed to increasing awareness of the availability of these

services for caregiver and intends to provide increased units of service to meet needs. Caregiver Support Groups will be implemented in this four-year plan based partially on the results of this survey.

Do you exercise regularly?

Answered: 703 Skipped: 31

ANSWER CHOICES	RESPONSES	
Yes	65.01%	457
No	34.99%	246
TOTAL		703

Health and Wellness

Exercise is an important, healthy addition to a senior’s routine as a way to improve balance, flexibility and long-term health. While the majority of respondents indicated they exercise, thirty-five percent (35%) indicated they do not exercise on a regular basis.

What are some of your health concerns:

Answered: 495 Skipped: 239

ANSWER CHOICES	RESPONSES	
Diet nutrition	40.61%	201
Sleep	40.40%	200
Stress	38.38%	190
Exercise	49.29%	244
Vitamins and supplements	13.74%	68
Health screenings	20.20%	100
Emergency response	9.90%	49
Total Respondents: 495		

When asked what features were important when considering a fitness center. The most frequently marked reply was “cost”, followed by “user friendly equipment” and “flexible hours”. To address cost concerns, Aging Partners keeps Health Promotion/Disease Prevention services very affordable. The suggested contributions established by the agency for consumers aged 60 and over is \$10 per month for the fitness center in Lincoln; \$4 per class for most fitness classes; and \$2 per class for the Tai Chi fall prevention program. Classes are offered throughout the service area.

Top health concerns from those surveyed were sleep, exercise, stress, and nutrition. These topics will be used in plans for Nutrition Education and Health Promotion programming options for consumers. Continued delivery of health programming by Aging Partners is needed to meet consumer needs education and access to evidence based health programming is needed. The agency is using survey feedback information in planning the new fitness center on the Victory Park campus.

Nutrition

Do you cook for yourself?

Answered: 696 Skipped: 38

ANSWER CHOICES	RESPONSES
Yes	92.10% 641
No	7.90% 55
TOTAL	696

Survey data demonstrated that two-thirds (2/3) respondents were not interested in classes that focused on healthy eating and cooking. However, a large majority of them, ninety-two percent (92%) cook for themselves. Aging Partners continues to believe in the importance of nutrition education and nutrition counseling, and its positive impact on the health of our consumers.

Other Concerns

Do you have concerns about?

Answered: 511 Skipped: 223

ANSWER CHOICES	RESPONSES
▼ Having enough income or savings to retire	33.46% 171
▼ Ensuring the solvency and security of your retirement income	32.68% 167
▼ Having affordable health care	60.08% 307
▼ Affordable housing	26.03% 133
▼ Debt repayment	12.52% 64
▼ Frauds/scams	33.07% 169
Total Respondents: 511	

Other concerns identified included: having affordable health care, financial security and safety and security. Counseling regarding the topics of finances, Medicare/Medicaid, other health insurance, and income tax is available at Aging Partners and provided by qualified, trained professional staff. Their focus is on giving neutral information, so the consumer is equipped to make an informed choice. Legal assistance offered by Aging Partners also addresses many of the above concerns voiced by survey respondents.

Demographics of Survey Participants:

Aging Partners made efforts to encourage persons in the seven rural counties to complete the survey. Rural consumers comprised thirty-six percent (36%) of the respondents and the remaining sixty-four percent (64%) being residents of Lincoln. Actual counts of clients served by Aging Partners indicate that approximately thirty-three percent (33%) reside in the rural counties, and about sixty-six percent (66%) hail from Lincoln/Lancaster County.

Across all age categories served by Aging Partners, eighty-nine percent (89%) of persons served are white. Ninety-five percent (95%) of survey respondents indicated their race/ethnicity as white. The agency will review strategies to increase minority participation in future survey projects.

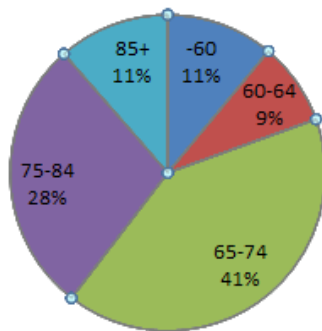
Ethnicity:

Answered: 714 Skipped: 20

ANSWER CHOICES	RESPONSES
Black/African American	1.26% 9
Hispanic/Latino	0.70% 5
White/Caucasian	95.38% 681
Native American or Alaska Native	1.12% 8
Asian	0.42% 3
Native Hawaiian or Pacific Islander	0.14% 1
Other (please specify)	Responses 1.26% 9
Total Respondents: 714	

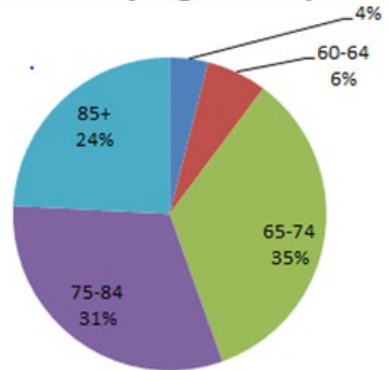
Aging Partners Survey Respondent Data

Totals by Age Groups



Aging Partners Client Served Data

Totals by Age Groups






The age breakouts in the Aging Partners survey were similar to actual client age group percentages, as depicted on the pie charts above. Since the survey was answered by family members and stakeholders, in addition to clients, the percentage of under 60 year old respondents was higher than the percentage of clients served in that age category, and that was expected. Fewer respondents were 85 years and older, compared to actual client numbers in this age group.

Planning Sessions

Aging Partners met for planning sessions that included managers of Aging Partners and County Program Managers who reviewed population demographics, current service delivery data and feedback to develop the goals and objectives outlined in the federal goals section. On an on-going basis, regularly scheduled meetings are held with agency leadership and program managers to review Service Units Monthly Reports, which depict monthly units of service on taxonomy categories. These reports indicate progress toward annual projections and are used to determine usage trends, identify issues, and project program needs. Monthly budget/financial reports assist Aging Partners to determine if service expenditure projections are meeting the needs of clients and have used this information in creating the overall budget and service unit projections used in the Areawide Plan. The agency also reviews information from AARP, Nebraska Department of Health and Human Services, National Association of States United for Aging and Disabilities, Community Health Endowment, and other local and national entities for service planning.

Aging Partners, as an agency of the City of Lincoln, participates in the LNK Stat Report process to analyze performance on specific measures related to healthy and productive people. Although this includes Lincoln/Lancaster County only data, it helps the agency track services provided to a significant number of clients with a focus on outcome improvement. This will be outlined in the next few pages, but one example of how data is reported addresses social isolation and services provided to those who live alone:

1. Aging Partners-Mayors Office	Ensure that over 50% of Lancaster County Aging Partners consumers aged 65 and older who use transportation and congregate meal services live alone	
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Measure	Current	Trend
Consumer Transport Services: AP Consumers	 FY2018: 54.00	

One out of four older adults in Lancaster County lives alone and yet, in FY18, over 50% of the older adults who ate at an aging Partners senior center or rode an agency bus lived alone. By targeting service provision to this potentially isolated population, agency resources were focused on individuals at high risk for premature nursing home placement.

LNKStat Recommendations for Actions

None. Will continue targeting services to potentially isolated older adults and will work on expanding transportation options for Lancaster County older adults.

About this Indicator

AP consumer data related to this measure is collected and compared to 2011 through 2015 American Community Survey data and 2016 US Census Annual Population Estimates data to determine whether or not AP services are successfully reaching consumers who live alone.

Why is this Important

People who live alone are at higher risk of nursing home entry because they may be isolated or lack necessary supports. Studies show that living

arrangements are an important factor impacting whether an older adult needs nursing home care prematurely. Aging Partners services such as transportation and congregate meal service can help consumers remain healthy, active, and safe, delaying the need for nursing home placement.

What is being done

AP operates ten senior centers in Lancaster County. Open between one and five days a week, these centers provide nutritious meals, health and education opportunities and socialization. Currently, transportation services are coordinated with senior center operations so that individuals who want to attend a senior center have a simple and guaranteed method of getting there.

Meeting service area needs and strategies

Older individuals with the greatest economic need

As indicated above, Aging Partners includes key indicators of performance to measure our progress in serving our consumers. These performance measures are reported to Mayoral staff, City Department Directors, and the Areawide Advisory Council.

The following indicators have been developed for Lincoln/Lancaster County:

- Target transportation and congregate meal services to older adults 65+ who live alone so that 50% of the consumers who access those services match that demographic.
 - *In 2018, 54% of Aging Partners 65+ consumers who utilized congregate meals and/or transportation services lived alone.*
- Ensure utilization of Aging Partners services by 20% of people aged 65 and older.
 - *In 2018, Aging Partners served 15% of persons aged 65 and older.*
- Ensure utilization of Aging Partners services by at least 50% of people aged 65 and older who are at or below 150% of the poverty level.
 - *In 2018, Aging Partners served 32% of persons aged 65 and older at or below 150% of the poverty level.*
- Exceed the industry standard percentage of Aging Partners consumers aged 60 and older with three or more ADL deficits who utilize care coordination, home delivery meal and in-home services.
 - *In 2018, 21.9% of Aging Partners 60+ consumers utilized care management/or in-home services had three or more ADL deficits compared with 19.7% nationwide.*

Older individuals with the greatest social need:

Older individuals with self-care limitations and/or who are at risk for institutional placement are reached on a regular basis through services provided by the Care Management and Medicaid Waiver programs.

Agency educational outreach via City TV5 and “Living Well” reaches over 18,000 seniors in the eight-county area. This outreach provides specific information of a social nature, as well as information

regarding how to access services and guidance on living independently, as well as fitness classes that can be followed along in one's home.

Outside Lancaster County, services are coordinated either by local county program managers or out-posted case managers. They are residents of the communities in which they work and are familiar with needs of older adults in rural areas, particularly related to transportation and fewer options for medical services and in-home support services.

Within the Aging Partners service area, the highest concentrations of minority individuals reside in Lancaster County. For walk-in clients whose primary language is one other than English, a local translation service is accessed, and the center manager at the Asian Senior Center provides translation services for Vietnamese speaking individuals. In addition, paid interpretation and telephone language lines are used throughout the service area.

Other ways that Aging Partners ensures services to persons with limited English proficiency is:

- Outreach of Farmers Market Coupons to persons in the cultural centers.
- Targeted "Stepping On" programming in the cultural centers.
- Targeted health clinics and fitness classes to Yazidi, Karen and Vietnamese speaking persons.
- Care Management documents have been translated to meet the needs of the significant Vietnamese client base in Lancaster County.
- Aging Partner's Intake form has been translated into the following: Spanish, Vietnamese, Russian, Bosnian, Arabic, and Karen.

Older individuals with Alzheimer's disease or related disorders:

The agency operates an Aging Disability Resource Center (ADRC), which provides Information and Referral services, as well as Options Counseling, to persons impacted by Alzheimer's Disease and/or related dementias. This includes sharing comprehensive information on the full range of available public and private long-term care programs, options, financing, service providers, and resources available in local communities.

Through detailed assessments, Care Managers screen clients for possible Alzheimer's or other dementia needs. If a client is found to possibly have a cognitive impairment, Care Managers recommend that they see their physician or a neuropsychologist for further testing. Care Managers develop service plans to meet the specialized needs of such individuals. The data management software used by Aging Partners can track clients with such cognitive deficits. Caregiver services, funded under III-E, assist family members in addressing needs, in order to maintain the client with dementia safely at home.

Aging Partners coordinates monthly training and includes Alzheimer's and other dementia as topical presentations. During this past year, Aging Partners facilitated over six American Society on Aging webinar trainings focused on Alzheimer's and dementias. Some topics included vascular dementia, public health's response to dementia, symptoms of Alzheimer's disease, and health disparities in people living with dementia.

Targeting services in program design

Many clients of Aging Partners have limitations in Activities of Daily Living and are at risk of nursing facility placement. The agency has designed programs and services aimed at assisting persons to remain in their home and community; understand options available under public and private pay; and support caregivers' needs.

Referrals are made within Aging Partners when client care needs change so that the opportunity for home and community living stands. Senior Centers are located in low-income areas and in established cultural centers. Transportation services are made available so that other services can be accessed. Suggested contribution levels are reasonable in an effort to encourage service use.

Prioritized wait lists

Aging Partners maintains a waiting list based on service need for individuals requesting III-B funded case management services. This allows the care management supervisor the ability to prioritize high needs bases for staff assignment. The addition of one care manager this past year has made a significant positive impact on wait times and waiting lists. This is expected to continue. Although Aging Partners has not had to create waiting lists for III-E services, individuals at or below 300% of poverty are prioritized for III-E Respite and III-E Supplemental services.

Coordination of Title III with Title VI Native American Programs

The Consumer Demographic Profile found in Section A of this plan demonstrates that only .5% of the population in our eight-county service area is identified as American Indian, and .1% is Native Hawaiian. The Ponca Tribe of Nebraska does have an office in the Aging Partners service area but does not receive funds under Title VI of the Older Americans Act. Aging Partners provides services and welcomes participation of American Indian consumers in programs offered. The agency works with staff from the Ponca Tribe to share information and resources with each other.

Title III, Consumer Choice, and Title VII services:

Agency service utilization and trend data for Title III services are analyzed by program managers, administrators, and the director. Annual performance goal projections are then established based on data, agency priorities, stakeholder input and direction from the agency director. As indicated previously, Aging Partners is moving forward on plans to relocate the agency headquarters and service programs to Victory Park, on the Veterans' Administration campus. The move is expected to increase usage of several programs serving clients onsite due to a location with ample and close parking.

Aging Partners has a long-term commitment to consumer choice and self-direction. This philosophy is applied to all Title III service interactions with consumers. Consumers have choice as it relates to choosing which provider (family or private), what services are engaged to support them, and who is part of their service team.

Aging Partners is committed to the long-term development of a “Community System of Care” which utilizes, for the benefit of older persons, the full continuum of health and human service resources within the community and region. Aging Partners believes all agencies, programs, and services have a full right and an obligation to fully apply their resources to serving older persons.

Aging Partners does not receive Title VII funds.

Other Grant/Service Initiatives

Aging Partners operates a specialized case management program in Lincoln: The Congregate Housing Services Program (CHSP). CHSP provides case management services to eligible residents of Burke Plaza, Mahoney Manor, and Crossroads housing complexes in Lincoln. A grant from Housing and Urban Development (HUD) and Lincoln Housing Authority (LHA) funds these services. This program also provides non-OAA meals, homemaker services, personal care, and taxi vouchers. A grant from Housing and Urban Development (HUD) and Lincoln Housing Authority (LHA) funds these services if the client is not eligible for another assistance program to pay the associated costs.

Aging Partners contracts with the Nebraska Department of Health & Human Services (DHHS), Division of Public Health to provide evidence-based health promotion and disease prevention programming. Tai Chi, Stepping On, and Living Well classes are offered through the service area.

Aging Partners continues to contract with DHHS for Home and Community Based Medicaid Waiver and Senior Care Options services. Services Coordinators and Resource Developers assist clients to remain in their own home or an assisted living facility and receive supportive services, rather than nursing facility care.

With the onset of the COVID 19 pandemic in March 2020, Aging Partners pivoted services and service deliveries. The agency was able to provide new services with the approval of the State Unit on Aging, COVID 19 Consumables and COVID 19 To Go Meals are examples of this. Staff shifted to working with Care/Case Management and Financial Counseling clients over the phone and by limited in-person, socially distanced communication. First Service staff, providing Information & Assistance and Counseling services were also required to conduct phone services, rather than by walk-in. Congregate meal recipients were offered home delivered meals to meet their nutritional needs. This delivered more than a meal – but also a smile, a word of encouragement, and sometimes pictures colored by local school age children. Health Promotion activities, such as Tai Chi and QiGong classes, moved to a web-based format thanks to the Zoom application.

Establishing priorities and allocating resources

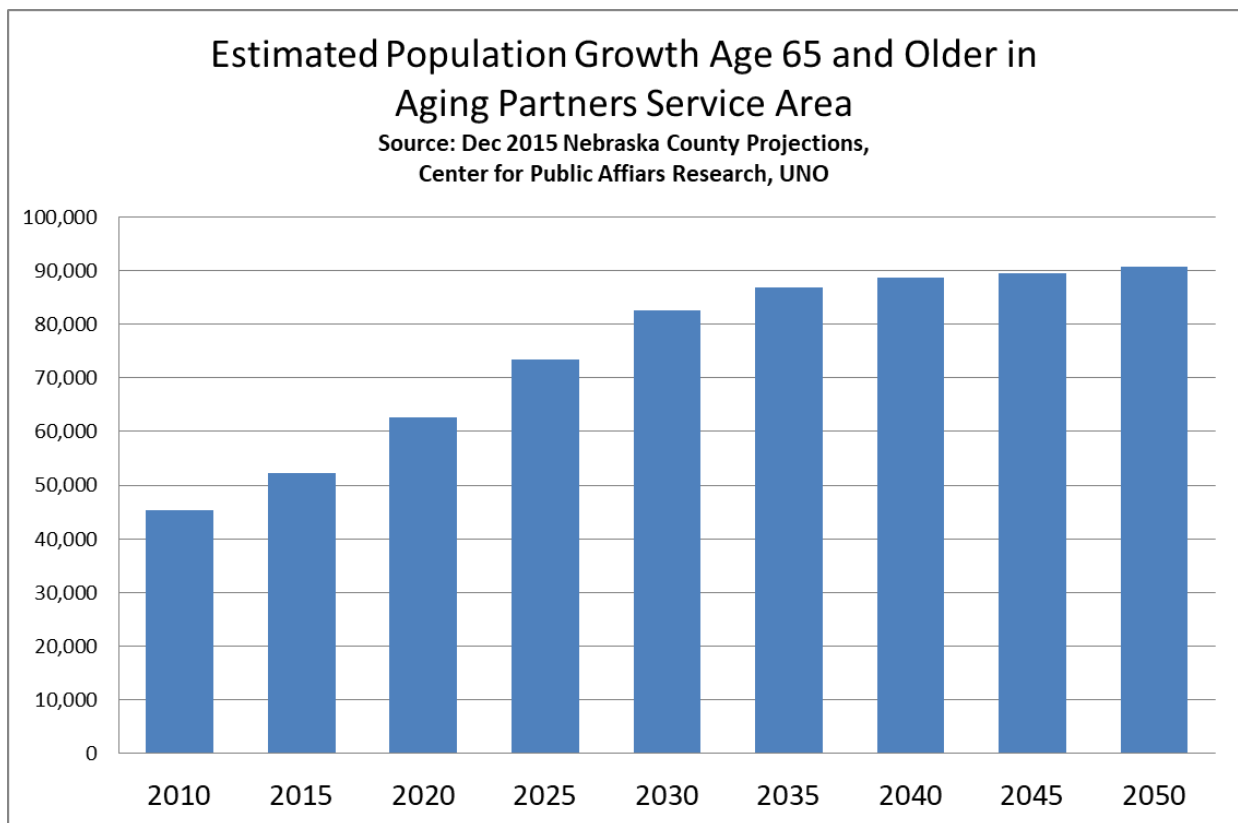
Aging Partners establishes priorities based on the planning process, as well as assigning financial resources to those services. When program managers made service unit projections on existing, revised, and new taxonomy categories, these key points were kept in high consideration:

- Maintain OAA required services at levels consistent with the most recent state fiscal year and current fiscal year trend data.
- Address needs identified in the survey, emphasizing caregiver services.
- Use demographic and other data to support programming.

Resources will continue to be distributed based on population. Allocation of those resources will be made at the county level based upon the approved goals and priorities.

Strategies for addressing population increases:

Aging Partners, like the rest of agencies serving older Nebraskans, understands the number of people ages 65 years and over will continue to grow. The chart below depicts estimated growth in the eight-county service area of Aging Partners through 2050.



The following strategies will be used in planning for population increases of older adults and their needs:

- Pursue additional funding sources.
- Annual review of distribution of OAA funding within the eight-county area, especially after results of the 2020 U.S. Census are complete.
- Encourage clients, caregivers, and stakeholders to complete the 2020 U.S. Census because of population based funding formulas at the state and national level.

- Annual review of program usage data and consumer feedback.
- Increased partnerships with other health and human serving agencies to increase referrals and avoid service duplication.

Fair Labor Standards Act

Aging Partners is a department of the City of Lincoln, and we follow guidance provided by the Human Resources department on employment law, including the Fair Labor Standards Act, and changes made to it regarding exempt employees, and those eligible for overtime pay.

SECTION C

Services

Section Revised May 2, 2022 for FY23

Definition: Assistance with Activities of Daily Living (ADLs) and/or health-related tasks provided in a person's home and possibly other community settings. Personal care may include assistance with Instrumental Activities of Daily Living (IADLs).		
Service Unit: Hour	Setting: One-on-One	Registered Service
Eligibility: Individual must be 60 years old or older		
Client Details:		
<input checked="" type="checkbox"/> Collect ADLs	<input type="checkbox"/> Client may be Anonymous	
<input checked="" type="checkbox"/> Collect IADLs	<input checked="" type="checkbox"/> Client may Self-Direct this Service	
<input type="checkbox"/> Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements: N/A		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input checked="" type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
	<input type="checkbox"/> May be MAC Eligible	
Provider Requirements:	A background check is suggested. This is a private business matter and outside the scope of SUA/DHHS.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

Aging Partners maintains performance-based contracts with vendors in Lincoln/Lancaster County to provide in-home personal care services including assistance with eating, dressing, bathing, toileting, and transferring. An average of \$1200 is budgeted per client per fiscal year. On rare occasions, Aging Partners may provide assistance above \$1,200 per year. Aging Partners pays the providers the contracted rate, and clients are responsible for paying a portion of the cost, based on their income, which correlates to a sliding fee scale. This uses non-OAA funds.

The Aging Partners Congregate Housing Services Program provides personal care services via contracted vendors at the Burke Plaza, Mahoney Manor and Crossroads housing complexes in Lincoln. A grant from Housing and Urban Development (HUD) and Lincoln Housing Authority (LHA) funds these services.

Personal Care paid by III-B funds is available to consumers in all eight counties in the service area. County Program staff and care managers provide names of vendors, either organizations or individuals, to older adults or their families, so they can select their preferred provider. Clients can also find their own provider. Assistance with setting up services and monitoring their effectiveness is provided. An average of \$1200 is budgeted per client per fiscal year. On rare occasions, Aging Partners may provide assistance above \$1,200 per year. Aging Partners pays the providers, except for a few clients who pay their provider, and Aging Partners reimburses the client. This option is not offered to new clients, only the few "grandfathered" in.

Aging Partners

Service Narrative:
2. Homemaker

FY 2020-23

Definition: Performance of light housekeeping tasks provided in a person's home and possibly other community settings. Task may include preparing meals, shopping for personal items, managing money, or using the telephone, in addition to light housework.		
Service Unit: Hour	Setting: One-on-One	Registered Service
Eligibility: Individual must be 60 years old or older		
Client Details:		
<input checked="" type="checkbox"/> Collect ADLs	<input type="checkbox"/>	Client may be Anonymous
<input checked="" type="checkbox"/> Collect IADLs	<input checked="" type="checkbox"/>	Client may Self-Direct this Service
<input type="checkbox"/> Collect NRA Score	<input type="checkbox"/>	Client may use Voucher
Other Reporting Requirements: N/A		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input checked="" type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
	<input type="checkbox"/> May be MAC Eligible	
Provider Requirements:	A background check is suggested. This is a private business matter and outside the scope of SUA/DHHS.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

Aging Partners maintains performance-based contracts with vendors in Lincoln/Lancaster County to provide in-home homemaker services including preparing meals, shopping, managing money, using the telephone, and doing light housework. Aging Partners pays the providers the contracted rate, and clients are responsible for paying a share of the cost, based on their income, which correlates to a sliding fee scale. This uses non-OAA funds.

The Aging Partners Congregate Housing Services Program provides homemaker services via contracted vendors at the Burke Plaza, Mahoney Manor and Crossroads housing complexes in Lincoln. A grant from Housing and Urban Development (HUD) and Lincoln Housing Authority (LHA) funds these services.

Homemaker services are available to eligible consumers in the eight-county service area. County Program staff and care managers provide names of vendors, either organizations or individuals, to older adults or their families, so they can select their preferred provider. Clients can also find their own provider. Assistance with setting up services and monitoring their effectiveness is provided. An average of \$1200 is budgeted per client per fiscal year. On rare occasions, Aging Partners may provide assistance above \$1,200 per year.

Definition: Performance of heavy household tasks provided in a person's home and possibly other community settings. Tasks may include yard work or snow removal, in addition to heavy housework.			
Service Unit: Hour		Setting: One-on-One	
Registered Service			
Eligibility: Individual must be 60 years old or older			
Client Details:			
<input checked="" type="checkbox"/>	Collect ADLs	<input type="checkbox"/>	Client may be Anonymous
<input checked="" type="checkbox"/>	Collect IADLs	<input checked="" type="checkbox"/>	Client may Self-Direct this Service
<input type="checkbox"/>	Collect NRA Score	<input type="checkbox"/>	Client may use Voucher
Other Reporting Requirements: N/A			
Possible Funding Sources:			
<input type="checkbox"/>	III-A (NSIP Raw Food)	<input type="checkbox"/>	III-D (Health Pro)
<input checked="" type="checkbox"/>	III-B (Supportive Service)	<input type="checkbox"/>	III-E (Caregiver)
<input type="checkbox"/>	III-C1 (Congregate Meal)	<input checked="" type="checkbox"/>	CASA (State Aging)
<input type="checkbox"/>	III-C2 (Home Delivered Meal)	<input type="checkbox"/>	Care Management (State)
		<input type="checkbox"/>	May be MAC Eligible
Provider Requirements:		A background check is suggested. This is a private business matter and outside the scope of SUA/DHHS.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

The Aging Partner's Handy Home Services provides chore service, including home maintenance, yardwork and snow removal. Consumers may make a suggested contribution for services.

The agency also maintains performance-based contracts with vendors to provide in-home chore services in Lincoln/Lancaster County. Aging Partners pays the contracted rate and most clients receive \$300 or less of heavy household task assistance. On rare occasions, Aging Partners may provide assistance above \$300 per year.

Chore services are available to eligible consumers in Butler, Fillmore, Lancaster, Polk, Saline, Saunders, Seward & York Counties. County Program staff and care managers provide names of vendors, either organizations or individuals, to older adults or their families, so they can select their preferred provider. Clients can also find their own provider. Assistance with setting up services and monitoring their effectiveness is provided. An average of \$1200 is budgeted per client per fiscal year. On rare occasions, Aging Partners may provide assistance above \$1,200 per year.

Aging Partners

Service Narrative:
4. Home Delivered Meals

FY 2020-23

Definition: A meal provided to an OAA qualified individual in his/her place of residence. The meal is served in a program administered by SUAs and/or AAAs and meets all the requirements of the Older Americans Act and all applicable laws. Meals provided to an individual through means-tested programs may be included. Caregivers (Older Relative or Family) can receive III-E funded Home Delivered Meals. If III-E is used to fund the meal, the meal should be counted under Caregiver Supplemental Services.		
Service Unit: Meal	Setting: One-on-One	Registered Service
Eligibility: <ul style="list-style-type: none"> Individual must be 60 years old or older & unable to attend a Congregate Meal, OR Spouse of an Eligible Individual (60 years or older that is unable to attend a Congregate Meal), OR Dependent Individual with Disability that lives with an Individual an Eligible Individual (60 years or older that is unable to attend a Congregate Meal) <p>Note: Each AAA determines how “unable to attend a Congregate Meal” is defined. This can include, but is not limited to: being homebound or having 2+ ADLs. Each AAA should have a policy to determine eligibility.</p>		
Client Details:		
<input checked="" type="checkbox"/> Collect ADLs	<input type="checkbox"/> Client may be Anonymous	
<input checked="" type="checkbox"/> Collect IADLs	<input type="checkbox"/> Client may Self-Direct this Service	
<input checked="" type="checkbox"/> Collect NRA Score	<input checked="" type="checkbox"/> Client may use Voucher	
Other Reporting Requirements: Meals that are funded with other funding sources (Med-waiver or Title XX) must be marked.		
Possible Funding Sources:		
<input checked="" type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input checked="" type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
	<input type="checkbox"/> May be MAC Eligible	
Provider Requirements:	A background check is suggested. This is a private business matter and outside the scope of SUA/DHHS.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What’s different about the service?

In Lincoln, home delivered meals are prepared & delivered within the city limits through a contract with Tabitha Health Care Services. If demand exceeds what Tabitha can support, Aging Partners will provide home delivered meals in Lincoln. For example, during a public health pandemic situation. In Butler, Fillmore, Polk, Saline, Seward & York Counties, home delivered meals are prepared by the centralized kitchen or food vendor in each county that also prepares the senior center meals. Meals are delivered to centers where volunteer meal delivery is coordinated.

Contracting with a national vendor, Aging Partners has implemented the use of chilled meals delivered to at-risk seniors in isolated areas. Mom's Meals is a company that packages and ships prepared meals to the door of older adults. This service is offered in areas where either home delivered meal service is not offered or where the existing nutrition program cannot meet the nutritional needs of the client.

Definition:		
Provided to an older individual, at the direction of the older individual or a family member of the individual: <ul style="list-style-type: none"> • by an individual who is trained or experienced in the case management skills that are required to deliver the services and coordination described in subparagraph; and • to assess the needs, and to arrange, coordinate, and monitor an optimum package of services to meet the needs, of the older individual; and Includes services and coordination such as— <ul style="list-style-type: none"> • comprehensive assessment of the older individual (including the physical, psychological, and social needs of the individual); • development and implementation of a service plan with the older individual to mobilize the formal and informal resources and services identified in the assessment to meet the needs of the older individual, including coordination of the resources and services— <ul style="list-style-type: none"> ○ with any other plans that exist for various formal services, such as hospital discharge plans; and ○ with the information and assistance services provided under the Older Americans Act; • coordination and monitoring of formal and informal service delivery, including coordination and monitoring to ensure that services specified in the plan are being provided; <ul style="list-style-type: none"> ○ periodic reassessment and revision of the status of the older individual with— ○ the older individual; or ○ if necessary, a primary caregiver or family member of the older individual; and ○ in accordance with the wishes of the older individual, advocacy on behalf of the older individual for needed services or resources. 		
Service Unit: Hour	Setting: One-on-One	Registered Service
Eligibility: Individual must be 60 years old or older		
Client Details:		
<input checked="" type="checkbox"/> Collect ADLs	<input type="checkbox"/> Client may be Anonymous	
<input checked="" type="checkbox"/> Collect IADLs	<input type="checkbox"/> Client may Self-Direct this Service	
<input checked="" type="checkbox"/> Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements: N/A		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input checked="" type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
	<input type="checkbox"/> May be MAC Eligible	
Provider Requirements:	A background check is suggested. This is a private business matter and outside the scope of SUA/DHHS.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?

- What is the same? What's different about the service?

The Aging Partner's Congregate Housing Services Program provides case management services to eligible residents of Burke Plaza, Mahoney Manor and Crossroads housing complexes in Lincoln. A grant from Housing and Urban Development (HUD) and Lincoln Housing Authority (LHA) funds these services.

Aging Partners provides case management services directly to frail older persons in our service area through individual contact in their homes, in the agency offices located in individual counties, or by telephone. Funds from the City of Lincoln and Lancaster County supplement CASA and OAA funding and permit significantly expanded services in Lancaster County.

Aging Partners provides case management services delivered by qualified case management staff. Eligible individuals are identified during information and assistance inquires or through outreach activities.

Aging Partners

Service Narrative:
7. Assisted Transportation

FY 2020-23

Definition: Services or activities that provide or arrange for the travel, including travel costs, of individuals from one location to another. This service includes escort or other appropriate assistance for a person who has difficulties (physical or cognitive) using regular vehicular transportation. Does not include any other activity.		
Service Unit: One-Way Trip	Setting: One-on-One or Group Setting	Registered Service
Eligibility: Individual must be 60 years old or older		
Client Details:		
<input checked="" type="checkbox"/> Collect ADLs	<input type="checkbox"/> Client may be Anonymous	
<input checked="" type="checkbox"/> Collect IADLs	<input checked="" type="checkbox"/> Client may Self-Direct this Service	
<input type="checkbox"/> Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements: N/A		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input checked="" type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
	<input type="checkbox"/> May be MAC Eligible	
Provider Requirements:	This is a private business matter and outside the scope of SUA/DHHS.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

In Lancaster County, using our transit fleet, which includes ADA compliant vehicles, consumers are provided assisted transportation to agency services (senior centers, fitness center, health clinic, & entertainment events). Senior centers schedule grocery shopping trips and assisted transportation is provided as part of their services. Polk and Seward counties provide occasional assisted transportation, primarily done by a senior center. Volunteers or paid staff provide the service.

Aging Partners

Service Narrative:
8. Congregate Meals

FY 2020-23

Definition: A meal provided by a qualified nutrition project provider to a qualified individual in a congregate or group setting. The meal is served in a program that is administered by SUAs and/or AAAs and meets all the requirements of the Older Americans Act and State/Local laws. Meals provided to individual through means-tested programs may be included.		
Service Unit: Meal	Setting: Group Setting	Registered Service
Eligibility:		
<ul style="list-style-type: none"> • Individual must be 60 years old or older, OR • Spouse accompanying Individual 60 years or older, OR • Volunteer serving the meal, OR • Individual with a Disability, living with a parent 60 years or older & accompanying the parent, OR • If the meal is served at senior housing, Individual with a Disability, living in senior housing 		
Client Details:		
<input type="checkbox"/> Collect ADLs	<input type="checkbox"/> Client may be Anonymous	
<input type="checkbox"/> Collect IADLs	<input type="checkbox"/> Client may Self-Direct this Service	
<input checked="" type="checkbox"/> Collect NRA Score	<input checked="" type="checkbox"/> Client may use Voucher	
Other Reporting Requirements: Meals that are funded with other funding sources (Med-waiver or Title XX) must be marked.		
Possible Funding Sources:		
<input checked="" type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input checked="" type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
	<input type="checkbox"/> May be MAC Eligible	
Provider Requirements:	A background check is suggested. This is a private business matter and outside the scope of SUA/DHHS.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

In Lancaster County, under the supervision of a registered dietitian, congregate meals are prepared by the Aging Partner's central kitchen and delivered to senior centers. See Section E: Centers for detailed listing.

In Butler, Fillmore, Polk, Saline, Seward & York Counties, under the guidance and approval of a registered dietitian, meals are prepared by a senior center, a central kitchen sponsored by a city/county government or in a commercial kitchen under contract with the county program. Meals not prepared at a senior center are delivered to the center either by paid staff or volunteers.

Aging Partners

Service Narrative:
10. Transportation

FY 2020-23

Definition: Services or activities that provide or arrange for the travel, including travel costs, of individuals from one location to another. Does not include any other activity.		
Service Unit: One-Way Trip	Setting: One-on-One or Group Setting	Non-Registered Service
Eligibility: Individual must be 60 years old or older		
Client Details:		
<input type="checkbox"/> Collect ADLs	<input checked="" type="checkbox"/> Client may be Anonymous	
<input type="checkbox"/> Collect IADLs	<input checked="" type="checkbox"/> Client may Self-Direct this Service	
<input type="checkbox"/> Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements: N/A		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input checked="" type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
<input type="checkbox"/> May be MAC Eligible		
Provider Requirements:	This is a private business matter and outside the scope of SUA/DHHS.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

In Lancaster County, the Aging Partner's Congregate Housing Services Program provides taxi-cab vouchers to eligible residents of Burke Plaza, Mahoney Manor and Crossroads housing complexes in Lincoln. A grant from Housing and Urban Development (HUD) and Lincoln Housing Authority (LHA) funds these services.

Polk and Seward counties provide occasional transportation, primarily done by a senior center. Volunteers or paid staff provide the service.

Aging Partners

Service Narrative:
11. Nutrition Education

FY 2020-23

Definition: A targeted program to promote better health by providing accurate and culturally sensitive nutrition, physical fitness, or health (as it relates to nutrition) information that is consistent with the current Dietary Guidelines for Americans and instruction to participants, caregivers, or participants and caregivers, overseen by a dietitian or individual of comparable expertise.		
Service Unit: Session	Setting: One-on-One or Group Setting	Non-Registered Service
Eligibility: Individual must be 60 years old or older		
Client Details:		
<input type="checkbox"/> Collect ADLs	<input checked="" type="checkbox"/> Client may be Anonymous	
<input type="checkbox"/> Collect IADLs	<input type="checkbox"/> Client may Self-Direct this Service	
<input type="checkbox"/> Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements:		
<ul style="list-style-type: none"> • Program Topic (i.e. Heart Healthy or Drink Enough Water) • Estimated Audience Size 		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input checked="" type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input checked="" type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input checked="" type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
<input type="checkbox"/> May be MAC Eligible		
Provider Requirements:	A background check is suggested. The provider must be a Registered Dietitian or have comparable experience. "Comparable experience" is a private business matter and outside the scope of SUA/DHHS.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

A programming list that includes twelve nutrition education programs is developed and distributed annually to service providers wanting to schedule nutrition education services for older adults. In addition, twelve nutrition education flyers and activities are created to give center managers and county program managers additional tools to use when discussing good nutrition. Services are provided in Butler, Fillmore, Lancaster, Polk, Saline, Seward and York counties by the Aging Partners nutrition staff, or nutrition students under direct supervision of the Nutrition Aging Services Coordinator. All Nutrition Education programs and handouts have been approved by a Registered Dietician.

County program managers and center managers schedule regular nutrition programs at senior centers and meal sites in Butler, Fillmore, Polk, Saline, Seward and York which are approved by Aging Partners.

Aging Partners

Service Narrative:
12. Information and Assistance

FY 2020-23

Definition: Also known as Basic Information . A service that:		
<ul style="list-style-type: none"> • provides the individuals with current information on opportunities and services available to the individuals within their communities, including information relating to assistive technology; • assesses the problems and capacities of the individuals; • links the individuals to the opportunities and services that are available; and • to the maximum extent practicable, ensures that the individuals receive the services needed by the individuals, and are aware of the opportunities available to the individuals, by establishing adequate follow-up procedures. 		
Service Unit: Contact	Setting: One-on-One	Non-Registered Service
Eligibility: N/A		
Client Details:		
<input type="checkbox"/> Collect ADLs	<input checked="" type="checkbox"/> Client may be Anonymous	
<input type="checkbox"/> Collect IADLs	<input type="checkbox"/> Client may Self-Direct this Service	
<input type="checkbox"/> Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements: N/A		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input checked="" type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
<input checked="" type="checkbox"/> May be MAC Eligible		
Provider Requirements:	A background check is suggested. This is a private business matter and outside the scope of SUA/DHHS.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

Aging Partners staff provides information and assistance services through a single, well-advertised phone number, fax, TDD and 800 number. The professionally staffed service is available Monday through Friday and serves the eight-county area. Screening for complex multiple concerns is a special feature of information and assistance. Appropriate referrals to community resources are made as needed.

Aging Partners maintains a database of community resources and additional supplemental guides, and regularly updates information available to the public. The agency's website is a growing informational resource for the community.

All Aging Partners direct service programs (including Lancaster County senior centers) receive information & assistance requests from the public. Systems have been implemented to collect the data of information & assistance units that meet the standards outlined in the

taxonomy.

The designated focal points for information & assistance in Butler, Fillmore, Polk, Saline, Seward, and York Counties are the county's aging services office. These county programs have staff trained to assist older adults and caregivers with finding resources, services, and opportunities in their communities. Additionally, senior center staffs have been trained to work with participants on answering basic questions or referring complex issues on to the local county program manager for additional assistance. In Polk County, Information and Assistance is also provided by Midwest Covenant Home. In addition to the agency's 1-800 information and referral service number, individuals in Saunders County receive information and assistance through the care/case management program that services the county.

Aging Partners

Service Narrative:
13. Health Promotion/Disease
Prevention (Evidence-Based)

FY 2020-23

Definition: Activities related to the prevention and mitigation of the effects of chronic disease (including osteoporosis, hypertension, obesity, diabetes, and cardiovascular disease), alcohol and substance abuse reduction, smoking cessation, weight loss and control, stress management, falls prevention, physical activity, and improved nutrition). Activities must meet ACL/AoA definition for an evidence-based program, as presented on ACL's website.		
Service Unit: N/A	Setting: One-on-One or Group Setting	Sign-In Service
Eligibility: Individual must be 60 years old or older		
Client Details:		
<input type="checkbox"/> Collect ADLs	<input checked="" type="checkbox"/> Client may be Anonymous	
<input type="checkbox"/> Collect IADLs	<input type="checkbox"/> Client may Self-Direct this Service	
<input type="checkbox"/> Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements:		
<ul style="list-style-type: none"> • Name • Birth Year • ZIP Code 		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input checked="" type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input checked="" type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
<input type="checkbox"/> May be MAC Eligible		
Provider Requirements:	Trained and/or certified to meet program requirements.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

As requested, the Aging Partners Health & Wellness program coordinates health promotion services at locations such as libraries, senior centers, or community centers in all counties in the Aging Partners planning and service area. Staff is certified to provide Stepping On, Living Well with Diabetes (Diabetes Self-Management Program), and Tai Chi. Aging Partners is pursuing other additional evidence-based programming. Contracted county programs in Butler, Fillmore, Polk, Saline, and Seward coordinate health promotion services at community locations such as libraries, senior centers, or community centers.

Aging Partners

Service Narrative:
14. Health Promotion/Disease Prevention (Non-Evidence-Based)

FY 2020-23

Definition: Health promotion and disease prevention activities that do not meet ACL/AoA definition for an evidence-based program as defined at ACL's website. Activities may include those defined in the OAA (Section 102(14)). For example:		
<ul style="list-style-type: none"> - health risk assessments - health education - age-related diseases and chronic disabling conditions information - counseling regarding social services and follow-up health services - educational services for individuals and their primary caregivers - physical fitness, group exercise, and music therapy, art therapy, and dance-movement therapy - routine health screening - medication management - home injury control services - gerontological counseling 		
Service Unit: N/A	Setting: One-on-One or Group Setting	Sign-In Service
Eligibility: Individual must be 60 years old or older		
Client Details:		
<input type="checkbox"/> Collect ADLs	<input checked="" type="checkbox"/> Client may be Anonymous	
<input type="checkbox"/> Collect IADLs	<input type="checkbox"/> Client may Self-Direct this Service	
<input type="checkbox"/> Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements:		
<ul style="list-style-type: none"> • Name • Birth Year • ZIP Code 		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input checked="" type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
<input type="checkbox"/> May be MAC Eligible		
Provider Requirements:	Providers must administer services within the scope of their own professional practice that they are deemed competent to perform. These practices must be permitted in terms of what their own professional licensure approves and allows.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

In Lancaster County, Aging Partners senior centers also provide a variety of health education programs as part of daily programming. Programs include exercise classes, brain health programs, health education speakers and presentations by the other experts. As requested, Aging Partner's Health & Wellness Program presents a variety of health education programs at a variety of locations in Butler, Fillmore, Polk, Saline, Seward, and York Counties. Topics include arthritis, cancer, diabetes, home safety, fall prevention, first aid, osteoporosis, and a

variety of mental health issues. Aerobic fitness, strength training, yoga and Pilates classes are included in this category.

In Butler, Fillmore, Polk, Saline, Seward and York Counties, contracted county programs and/or senior centers coordinate a variety of health programming activities held at centers and other community locations in the counties. Activities include exercise classes, brain health programs, health education speakers and mental health programs

Health & Wellness personal trainers provide one on one services designed to assist people coming into the program's Fitness Center set up safe and effective programs that meet their unique needs. Some individuals, such as those who are visually impaired, need ongoing assistance while at the fitness center.

The University of Nebraska Medical Center (UNMC) in coordination with the Health & Wellness program provides Senior Health Promotion (SHP) clinics at various location which are staffed by UNMC staff and nursing students. UNMC provides foot care as well as screenings for diabetes, bone density, etc.

Lancaster County Senior Centers also provide health education sessions and health clinic services. See Section E: Centers for detailed listing of senior centers that provided this service.

As requested, AP Health & Wellness Program coordinates health promotion services (non-evidence based) at a variety of locations in the counties of our service region. Health & Wellness offers foot clinic services at senior centers. Also offered are health clinic services such as bone density screenings or health status assessments at health fairs and special events as requested.

Senior centers, operating under the supervision of their contracted county program, and county programs provide blood pressure and foot clinics for program participants. The blood pressure and foot clinics are staffed by either RNs or LPNs.

Definition: Legal advice and representation provided by an attorney to older individuals with economic or social need, and in the implementing regulation at 45 CFR Section 1321.71, and includes to the extent feasible, counseling or other appropriate assistance by a paralegal or law student under the direct supervision of an attorney.		
Service Unit: Hour	Setting: One-on-One	Restricted Service
Eligibility: Individual must be 60 years old or older		
Client Details:		
<input type="checkbox"/> Collect ADLs	<input checked="" type="checkbox"/> Client may be Anonymous	
<input type="checkbox"/> Collect IADLs	<input type="checkbox"/> Client may Self-Direct this Service	
<input type="checkbox"/> Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements: Legal Assistance Providers will also need to record:		
<ul style="list-style-type: none"> • III- B Restricted Demographics (new) • Number of Open Cases • Number of Closed Cases by: <ul style="list-style-type: none"> ○ Advice ○ Limited Representation ○ Representation 	Number of Cases about: <ul style="list-style-type: none"> • Abuse/Neglect • Age Discrimination • Health Care • Housing • Income • Defense of Guardianship/ Protective Services • Long-Term Care • Nutrition • Utilities • Other 	
This grey section will be implemented 10/1/2020		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input checked="" type="checkbox"/> Local
<input checked="" type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Title IV
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> ADRC (State)	<input checked="" type="checkbox"/> Title VII
<input type="checkbox"/> May be MAC Eligible		
Provider	<ul style="list-style-type: none"> • Attorney, OR 	
Requirements:	<ul style="list-style-type: none"> • Law student under direct supervision of an attorney, OR • Paralegal under direct supervision of an attorney 	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

Legal services are provided at the Aging Partner's Legal Clinic in Lancaster County that is staffed by a contracted Elder Law attorney. Consumers from all counties in the service area can make appointments at the Legal Clinic. In-home appointments are available if the consumer is not able to make an office appointment. Many services can be completed over the phone or through the mail. Additionally, legal clinics staffed by the contracted Elder Law attorney are held in rural counties regularly.

Aging Partners supports the Memorandum of Understanding with Legal Aid of Nebraska that funds the Elder Access Line. Any older adult in the service area can access this service.

Definition: Assisting a client to identify and utilize services needed to assure that the client is receiving, when reasonably possible, the level of care that best matches his or her level of need. The Care Management Unit, through its Care Management Unit Supervisor and staff of care managers, assists clients with services as specified in the [Care Management] Act, including ongoing consultation, assessment, Long-Term Care Plan development, and referral for clients in need of long-term care; coordination of the Long-Term Care Plan; monitoring of the delivery of services for clients, and review of the client's Long-Term Care Plan.		
Service Unit: Hour	Setting: One-on-One	Registered Service
Eligibility: Individuals 60 years or older are eligible. Those under 60 may also be served, subject to service prioritization.		
Client Details:		
<input checked="" type="checkbox"/> Collect ADLs	<input type="checkbox"/> Client may be Anonymous	
<input checked="" type="checkbox"/> Collect IADLs	<input type="checkbox"/> Client may Self-Direct this Service	
<input checked="" type="checkbox"/> Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements: See Care Management reporting requirements.		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input checked="" type="checkbox"/> Care Management (State)	
	<input checked="" type="checkbox"/> May be MAC Eligible	
Provider Requirements:	<p>The Care Management Unit Supervisor and care managers shall have the following minimum qualifications:</p> <ul style="list-style-type: none"> • A current Nebraska license as a registered nurse, or baccalaureate or graduate degree in the human services field, or certification under the Nebraska Social Work Law; and • At least two years of experience in long-term care, gerontology or community health. • In addition, a Care Management Unit Supervisor shall have at least two years of supervisory or management experience. 	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

Aging Partners provides Care Management services which are delivered by qualified care management staff. Eligible individuals are identified during information and assistance inquiries or through outreach activities.

Aging Partners provides Care Management services directly in Butler, Lancaster, Polk, Saline & Saunders Counties to frail older persons through individual contact in their homes, in the agency offices located in individual counties, or by telephone. Contracted county programs in

Fillmore and York Counties provide Care Management services through individual contact in client homes, via telephone or at program offices.

A Care Management contract is maintained with the Asian Community & Cultural Center in Lincoln, whereby a bi-lingual Care Manager is assigned to aid frail older adults through individual contact in the home, via telephone or at agency offices located in Lincoln.

Aging Partners

Service Narrative:
22. Senior Center Hours

FY 2020-23

Definition: The hours of multipurpose senior centers are open to older individuals.		
Sites that only offer meals (also known as Nutrition Sites) should not be included.		
Service Unit: Hour	Setting: Indirect Setting	Non-Registered Service
Eligibility: N/A		
Client Details: N/A		
<input type="checkbox"/> Collect ADLs	<input type="checkbox"/> Client may be Anonymous	
<input type="checkbox"/> Collect IADLs	<input type="checkbox"/> Client may Self-Direct this Service	
<input type="checkbox"/> Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements: N/A		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input checked="" type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input checked="" type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input checked="" type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
	<input type="checkbox"/> May be MAC Eligible	
Provider Requirements: Must be multipurpose senior center.		

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

Aging Partners operates senior centers in Lincoln and rural Lancaster County utilizing City of Lincoln Staff. Senior Center Hours varies between sites, but are designed to facilitate a wide range of service options for older adults throughout the community. Senior Center Hours are the hours multi-purpose sites are open for the provision of a broad spectrum of services to older adults, including but not limited to health, nutritional and educational opportunities; facilities for socialization and recreation; and resources for general information.

Senior Centers in the contracted county program area are primarily sponsored by the cities, towns, or villages where the center is located. Staffing varies between paid and volunteer positions. County program managers provide technical assistance and oversight to the centers located within their counties with Aging Partners nutrition staff providing on-going additional oversight regarding OAA and state regulations.

Aging Partners

Service Narrative:
23. Material Distribution

FY 2020-23

Definition:		
The provision of goods to an older individual at no cost or at a reduced cost which will directly support the health and independence of the individual with an assessed need.		
This can include commodities, pantry items, clothing distribution, smoke detectors, eyeglasses, hearing aids, oral health, etc.		
This also includes Emergency Response Systems (ERS, Personal Emergency Response System, PERS). An Emergency Response System is an electronic device and has portable buttons (including pendants and bracelets) worn by the customer. These units provide 24-hour on call support to the customer having a medical or emergency need that could become critical at any time. ERS can be landline or cell phone-based services.		
Previously counted in Durable Medical Equipment and Emergency Response System. This is no longer limited to medical equipment, adaptive devices, or assistive technology.		
Service Unit: Unit	Setting: One-on-One	Registered Service
Eligibility: Individual must be 60 years old or older		
Client Details:		
<input type="checkbox"/> Collect ADLs	<input type="checkbox"/> Client may be Anonymous	
<input type="checkbox"/> Collect IADLs	<input checked="" type="checkbox"/> Client may Self-Direct this Service	
<input type="checkbox"/> Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements: N/A		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input checked="" type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
	<input type="checkbox"/> May be MAC Eligible	
Provider Requirements:	This is a private business matter and outside the scope of SUA/DHHS.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

Aging Partners maintains a fee-for-service ERS program that offers a sliding scale fee structure to make the service affordable. Program staff manage the program, install, and maintain all equipment as well as providing repairs and replacements. Phillips Lifeline provides 24-hour monitoring and testing. This service is provided to Lincoln-Lancaster County residents.

In Lancaster County, the Aging Partner's Handy Home Services provides donated durable-medical equipment for use by clients who cannot obtain equipment through Medicare,

Medicaid or private insurance. The program accepts new and gently used equipment such as walkers, canes, bath chairs, toilet risers, lift chairs, etc. that are in good working condition and then distributes the items to individuals needing the equipment.

Care Management clients in all counties of the service area have access to incontinence supplies available through Aging Partners.

Contracted county programs in Butler, Fillmore, Saline, and York Counties coordinate the distribution of recycled durable medical equipment to older adults in need.

Aging Partners staff and contracted county programs also distribute other donated and purchased goods, such as incontinence supplies, fans, holiday gifts, food packages, and other miscellaneous items to assist the client to remain at home.

Aging Partners

**Service Narrative:
24. Social Activities**

FY 2020-23

Definition: Provision of activities which foster the social well-being of individuals through social interaction and the satisfying use of leisure time. Activities, such as performing arts, games, and crafts, either as an observer or as a participant, facilitated by a provider.		
This service covers activities at the provider's location (i.e. senior center) or should be organized/planned by the provider (senior center).		
Service Unit: Person Hour	Setting: Group Setting	Non-Registered Service
Eligibility: Individual must be 60 years old or older		
Client Details: N/A		
<input type="checkbox"/> Collect ADLs	<input checked="" type="checkbox"/> Client may be Anonymous	
<input type="checkbox"/> Collect IADLs	<input type="checkbox"/> Client may Self-Direct this Service	
<input type="checkbox"/> Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements: N/A		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input checked="" type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
		<input type="checkbox"/> May be MAC Eligible
Provider Requirements:	This is a private business matter and outside the scope of SUA/DHHS.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

<p>Planned activities are provided at each of the Senior Centers located in Lancaster County. These activities include crafts, games, entertainers, speakers, art and other classes, technology training, writer's groups, reading groups and group discussion of current events.</p> <p>Senior Centers in the contracted county program area are primarily sponsored by the cities, towns, or villages where the center is located and provide similar activities as listed above.</p>

Aging Partners

Service Narrative:
25. Counseling

FY 2020-23

Definition:		
Services that assist older adults to address issues, concerns, or make decisions. This can include counseling on specific topics like financial issues, SHIIP (Senior Health Insurance Information Program, managed through a federal grant to the Nebraska Department of Insurance), housing, health insurance, taxes, etc.		
Does not include Nutrition Counseling, Caregiver Counseling, Options Counseling, or Transitional Options Counseling.		
Service Unit: Hour	Setting: One-on-One	Registered Service
Eligibility: Individual must be 60 years old or older		
Client Details:		
<input type="checkbox"/> Collect ADLs	<input type="checkbox"/> Client may be Anonymous	
<input type="checkbox"/> Collect IADLs	<input type="checkbox"/> Client may Self-Direct this Service	
<input type="checkbox"/> Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements: N/A		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input checked="" type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
	<input type="checkbox"/> May be MAC Eligible	
Provider Requirements:	Must meet topic specific credentialing, training, or expertise (i.e.: SHIIP counselors must be a certified SHIIP counselor).	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

Aging Partners provides Counseling Services directly and through contracts with county programs. Specialized benefits counselors, case managers and information & assistance counselors provide counseling to clients in the service area. The benefits counselors specialize in the area of public and private insurance and are certified SHIIP counselors who attend on-going training through the Department of Insurance.

Aging Partners coordinates on-site AARP volunteers who provide tax preparation services and financial counseling services at the Downtown Lincoln Senior Center. Contracted county program staff in Fillmore, Polk, Saline, Seward, and York Counties provide financial counseling services to consumers including assistance with Homestead Tax Exemption, Income Tax, Social Security, and a variety of insurance questions. County program staff are certified SHIIP counselors who attend on-going training through the Department of Insurance.

Aging Partners

Service Narrative:
27. Outreach

FY 2020-23

Definition:			
An interactive activity that conveys information about available services, aging, or the aging network. It includes in-person interactive presentations, booth/exhibit at a fair, conference, or other public event. This service includes Public Education and Presentations.			
When the topic is Medicaid related, it may be MAC Eligible. See the Medicaid Administrative Claiming (MAC) section.			
Previously the ACL defined this as a one-on-one intervention by the service provider. The ACL has removed Outreach as a federal service. The state has created a new service called Outreach.			
Service Unit:	Activity	Setting: Group Setting Non-Registered Service	
Eligibility: Information about available services, aging, or the aging network.			
Client Details:			
<input type="checkbox"/>	Collect ADLs	<input type="checkbox"/> Client may be Anonymous	
<input type="checkbox"/>	Collect IADLs	<input type="checkbox"/> Client may Self-Direct this Service	
<input type="checkbox"/>	Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements:			
<ul style="list-style-type: none"> Estimated Audience Size 			
Possible Funding Sources:			
<input type="checkbox"/>	III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input checked="" type="checkbox"/>	III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/>	III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/>	III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
			<input checked="" type="checkbox"/> May be MAC Eligible
Provider Requirements:			This is a private business matter and outside the scope of SUA/DHHS.

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

In Lancaster County, Aging Partners staff and senior centers provide Outreach Services.

The Aging Partner's Health and Fitness program staff regularly provides programming and materials for events which focus or have a relation to the agency's target populations of older persons. By promoting health & wellness, the program targets health fairs, health screenings, health education programs and special events in our service area.

County program managers in Butler, Fillmore, Polk, Saline, Seward and York Counties develop and facilitate Outreach activities also. In Polk County, Outreach is provided under an agreement between Polk County and Midwest Covenant Home. Activities include conferences/educational events, booths at health fairs, and educational activities at senior centers.

Aging Partners staff and contracted care managers serving Butler, Fillmore, Lancaster, Polk, Saline, Saunders, Seward, and York counties conduct Outreach activities at local events to increase awareness of services available through the agency. Community groups, churches/faith congregations, high school and college courses are examples of where Outreach is conducted.

Definition: A media activity that conveys information about available services, aging, or the aging network. It is a one-way mode of communication. Examples include Facebook posts, TV Ads/PSAs, radio ads/PSAs, website hits, brochures, newspaper ads, press releases.		
When counting brochures and other print media as Information Services, it should be counted when the cost is incurred (when the brochures are printed, when the newspaper ad is billed).		
When the topic is Medicaid related, it may be MAC Eligible. See the Medicaid Administrative Claiming (MAC) section.		
Previously Information Services IIIB and/or Public Information.		
Service Unit: Activity	Setting: Indirect Setting	Non-Registered Service
Eligibility: N/A		
Client Details: N/A		
<input type="checkbox"/> Collect ADLs	<input type="checkbox"/> Client may be Anonymous	
<input type="checkbox"/> Collect IADLs	<input type="checkbox"/> Client may Self-Direct this Service	
<input type="checkbox"/> Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements:		
<ul style="list-style-type: none"> • Topic (if the system allows) • Estimated Audience Size 		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input checked="" type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
<input checked="" type="checkbox"/> May be MAC Eligible		
Provider Requirements:	This is a private business matter and outside the scope of SUA/DHHS.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

Aging Partners Marketing staff provides Information Services across the eight-county service area to make older adults and interested stakeholders aware of services and events available through the agency.

In Butler, Fillmore, Polk, Saline, Seward and York Counties, the contracted county programs and/or senior centers conduct Information Services activities to create awareness of services and events available through their programs.

Aging Partners

Service Narrative:
32. Caregiver In-Home
Respite

FY 2020-23

Definition: A respite service provided in the home of the caregiver or care recipient and allows the caregiver time away to do other activities. During such respite, other activities can occur which may offer additional support to either the caregiver or care recipient, including homemaker or personal care services.			
Service Unit: Hour	Setting: One-on-One or Group Setting	Registered Service	
Eligibility: • Family Caregiver OR • Older Relative Caregiver			
Care Recipient	Caregiver (Client) Details:		
<input checked="" type="checkbox"/> Must have 2 ADLs or a cognitive deficit	<input checked="" type="checkbox"/> Collect Demographics	<input type="checkbox"/> May be Anonymous	<input type="checkbox"/> May Self-Direct this Service
	<input checked="" type="checkbox"/> Collect Eligibility	<input checked="" type="checkbox"/> May use Voucher	
	<input checked="" type="checkbox"/> May do Caregiver Assessment		
• Other Reporting Requirements:			
Possible Funding Sources:			
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)	
<input type="checkbox"/> III-B (Supportive Service)	<input checked="" type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local	
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other	
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)		
	<input type="checkbox"/> May be MAC Eligible		
Provider Requirements:	A background check is suggested. This is a private business matter and outside the scope of SUA/DHHS.		

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

Aging Partners provides Caregiver Respite service grants to caregivers in the eight-county service area via the Lancaster & Multi-County Supportive Services programs. Caregivers apply for services via his or her agency. Aging Partners case manager or service coordinator with priority being given to caregivers of frail and low-income care recipients. Aging Partners pays for respite in the home of the client or caregiver. An average of \$1200 is budgeted per client per fiscal year with up to \$2,400 available in special circumstances.

Aging Partners

Service Narrative:
**33. Caregiver Assistive
 Technology/Durable Medical
 Equipment/Emergency
 Response System**

FY 2020-23

Definition:		
These services must benefit the caregiver, whether the service or item is used by the caregiver or care recipient. Physical devices purchased for an older adult's use. This includes durable equipment, durable medical equipment, assistive technology, emergency response systems, cell phones, tablets, and other technologies.		
Service Unit: Unit	Setting: One-on-One	Registered Service
Eligibility: • Family Caregiver OR • Older Relative Caregiver		
Care Recipient	Caregiver (Client) Details:	
<input checked="" type="checkbox"/> Must have 2 ADLs or a cognitive deficit	<input checked="" type="checkbox"/> Collect Demographics	<input type="checkbox"/> May be Anonymous
	<input checked="" type="checkbox"/> Collect Eligibility	<input type="checkbox"/> May Self-Direct this Service
	<input checked="" type="checkbox"/> May do Caregiver Assessment	<input type="checkbox"/> May use Voucher
Other Reporting Requirements: N/A		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input type="checkbox"/> III-B (Supportive Service)	<input checked="" type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
	<input type="checkbox"/> May be MAC Eligible	
Provider Requirements:	N/A	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

Aging Partners provides Caregiver AT/DME/ERS funds to caregivers in the eight- county service area via the Lancaster & Multi-County Supportive Services programs. Caregivers apply for assistance to pay for the above items which help the caregiver meet the client's needs, via his or her Aging Partner's case manager or service coordinator with priority being given to given to caregivers of frail and low-income care recipients. An average subsidy of \$600 is budgeted per client per fiscal year with up to \$1,200 available in special circumstances.

Aging Partners

Service Narrative:
33. **Caregiver Chore**

FY 2020-23

Definition: Caregiver Chore			
These services must benefit the caregiver, whether the service or item is used by the caregiver or care recipient.			
Performance of heavy household tasks provided in a person’s home and possibly other community settings. Tasks may include yard work or snow removal, in addition to heavy housework.			
Service Unit:	Unit	Setting:	One-on-One Registered Service
Eligibility:	<input checked="" type="checkbox"/> Family Caregiver OR <input checked="" type="checkbox"/> Older Relative Caregiver		
Care Recipient	Caregiver (Client) Details:		
<input checked="" type="checkbox"/> Must have 2 ADLs or a cognitive deficit	<input checked="" type="checkbox"/> Collect Demographics	<input type="checkbox"/> May be Anonymous	
	<input checked="" type="checkbox"/> Collect Eligibility	<input type="checkbox"/> May Self-Direct this Service	
	<input checked="" type="checkbox"/> May do Caregiver Assessment	<input type="checkbox"/> May use Voucher	
Other Reporting Requirements: N/A			
Possible Funding Sources:			
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)	
<input type="checkbox"/> III-B (Supportive Service)	<input checked="" type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local	
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other	
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)		
	<input type="checkbox"/> May be MAC Eligible		
Provider Requirements:	N/A		
Detailed description of how service is provided.			
<ul style="list-style-type: none"> • Is it a subaward, contract, direct service? • What counties are served this way? • What is the same? What’s different about the service? 			
Detailed description of how service is provided.			
<ul style="list-style-type: none"> • Is it a subaward, contract, direct service? • What counties are served this way? What is the same? What’s different about the service?			

Aging Partners provides Caregiver Chore funds to caregivers in the eight- county service area via the Lancaster & Multi-County Supportive Services programs. Caregivers apply for assistance to pay for this service which helps the caregiver meet the client’s needs, via his or her Aging Partner’s case manager or service coordinator with priority being given to given to caregivers of frail and low-income care recipients. An average subsidy of \$600 is budgeted per client per fiscal year with up to \$1,200 available in special circumstances.

Aging Partners

Service Narrative:
36. Caregiver Assistance:
Information and Assistance

FY 2020-23

Definition:		
<ul style="list-style-type: none"> • provides the individuals with current information on opportunities and services available to the individuals within their communities, including information relating to assistive technology; • assesses the problems and capacities of the individuals; • links the individuals to the opportunities and services that are available; and • to the maximum extent practicable, ensures that the individuals receive the services needed by the individuals, and are aware of the opportunities available to the individuals, by establishing adequate follow-up procedures. 		
Service Unit: Contact	Setting: One-on-One	Non-Registered Service
Eligibility: • Family Caregiver OR • Older Relative Caregiver		
Care Recipient	Caregiver (Client) Details:	
<input type="checkbox"/> May collect demographics if OAA eligible.	<input type="checkbox"/> Collect Demographics	<input checked="" type="checkbox"/> May be Anonymous
	<input checked="" type="checkbox"/> Collect Eligibility	<input type="checkbox"/> May Self-Direct this Service
	<input checked="" type="checkbox"/> May do Caregiver Assessment	<input type="checkbox"/> May use Voucher
Other Reporting Requirements: N/A		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input type="checkbox"/> ADRC (State)
<input type="checkbox"/> III-B (Supportive Service)	<input checked="" type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
	<input type="checkbox"/> May be MAC Eligible	
Provider Requirements:	This is a private business matter and outside the scope of SUA/DHHS.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

Aging Partners providers answers to caregivers through a single, well-advertised phone number, as well as email, fax, TDD, and the toll-free phone number. The professionally staffed service is available weekdays and serves the eight-county service area. Screening for complex multiple concerns is handled by referring to other agency resources, programs, and services, as well as other community resources.

The designated focal point for Information and Assistance for caregivers is each county's aging services office. These contracted county programs in Butler, Fillmore, Polk, Saline, Seward, and York counties have staff trained to assist older adults and caregivers to locate community resources and services. In addition, senior center staff are trained to work with caregivers to answer basic questions or refer more complex needs to the local county program manager for assistance.

Aging Partners

Service Narrative:
40. ADRC Information and Referral

FY 2020-23

Definition: A state ADRC Program whose primary purpose is to maintain information about human service resources in the community and to link people who need assistance with appropriate service providers and/or to supply descriptive information about the agencies or organizations which offer services. The information and referral process involves establishing contact with the individual, assessing the individual's long and short-term needs, identifying resources to meet those needs, providing a referral to identified resources, and, where appropriate, following up to ensure that the individual's needs have been met.		
Service Unit: Contact	Setting: One-on-One	Non-Registered Service
Eligibility: (Must be at least one of the below) <ul style="list-style-type: none"> • 60 years or older • Individual with a Disability • Caregiver • Representative 		
Client Details:		
<input type="checkbox"/> Collect ADLs	<input checked="" type="checkbox"/> Client may be Anonymous	
<input type="checkbox"/> Collect IADLs	<input type="checkbox"/> Client may Self-Direct this Service	
<input type="checkbox"/> May Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements: N/A		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input checked="" type="checkbox"/> ADRC (State)
<input type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
<input checked="" type="checkbox"/> May be MAC Eligible		
Provider Requirements:	This is a private business matter and outside the scope of SUA/DHHS.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

Aging Partners staff provides ADRC Information and Referral services through a single, well-advertised phone number, email, fax, TDD and 800 number. The professionally staffed service is available Monday through Friday and serves the eight-county area. Consumers over 60 years and persons of all ages with disabilities may receive ADRC Information and Referral services in person at the Aging Partners Office or in their home, as well as by telephone.

Aging Partners website includes an ADRC page with informational resources for the community and a link to the State's ADRC website.

Aging Partners

Service Narrative:
41. ADRC Options
Counseling

FY 2020-23

Definition: A state ADRC Program service that assists an eligible individual in need of long-term care and his or her representatives to make informed choices about the services and settings which best meet his or her long-term care needs and that uses uniform data and information collection and encourages the widest possible use of community-based options to allow an eligible individual to live as independently as possible in the setting of his or her choice.		
Service Unit: Hour	Setting: One-on-One	Registered Service
Eligibility: Need Long Term Care AND (Must be at least one of the below)		
• 60 years or older	• Individual with a Disability	• Representative
Client Details:		
<input checked="" type="checkbox"/> Collect ADLs	<input type="checkbox"/> Client may be Anonymous	
<input checked="" type="checkbox"/> Collect IADLs	<input type="checkbox"/> Client may Self-Direct this Service	
<input checked="" type="checkbox"/> May Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements: See ADRC services demographic information.		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input checked="" type="checkbox"/> ADRC (State)
<input type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
	<input checked="" type="checkbox"/> May be MAC Eligible	
Provider Requirements:	A background check is suggested. This is a private business matter and outside the scope of SUA/DHHS.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

Aging Partners staff provides ADRC Options Counseling services by professionally trained staff to consumers over 60 years and persons of all ages with disabilities in person at the Aging Partners Office or in their home, as well as by telephone. ADRC Options Counseling is available throughout the eight-county service area.

Aging Partners

Service Narrative:
43. Benefits Assistance

FY 2020-23

Definition: A state ADRC Program service that provides assistance for people who are having difficulty understanding and/or obtaining grants, payments, services, or other benefits for which they may be eligible. The programs may help people understand the eligibility criteria for benefits, the benefits provided by the program, the payment process, and the rights of beneficiaries; provide consultation and advice; help them complete benefits application forms.		
Service Unit: Hour	Setting: One-on-One	Registered Service
Eligibility: (Must be at least one of the below)		
• 60 years or older	• Individual with a Disability	• Representative
Client Details:		
<input checked="" type="checkbox"/> Collect ADLs	<input type="checkbox"/> Client may be Anonymous	
<input checked="" type="checkbox"/> Collect IADLs	<input type="checkbox"/> Client may Self-Direct this Service	
<input checked="" type="checkbox"/> May Collect NRA Score	<input type="checkbox"/> Client may use Voucher	
Other Reporting Requirements: See ADRC services demographic information.		
Possible Funding Sources:		
<input type="checkbox"/> III-A (NSIP Raw Food)	<input type="checkbox"/> III-D (Health Pro)	<input checked="" type="checkbox"/> ADRC (State)
<input type="checkbox"/> III-B (Supportive Service)	<input type="checkbox"/> III-E (Caregiver)	<input checked="" type="checkbox"/> Local
<input type="checkbox"/> III-C1 (Congregate Meal)	<input checked="" type="checkbox"/> CASA (State Aging)	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> III-C2 (Home Delivered Meal)	<input type="checkbox"/> Care Management (State)	
<input checked="" type="checkbox"/> May be MAC Eligible		
Provider Requirements:	This is a private business matter and outside the scope of SUA/DHHS.	

Detailed description of how service is provided.

- Is it a subaward, contract, direct service?
- What counties are served this way?
- What is the same? What's different about the service?

Aging Partners staff will provide ADRC Benefits Assistance services by professionally trained staff to consumers over 60 years and persons of all ages with disabilities in person at the Aging Partners Office or in their home, as well as by telephone. It is available throughout the eight-county service area.